# 2001 SUMMARY REPORT of FISCHER LAKE

Lake County, Illinois

Prepared by the

# LAKE COUNTY HEALTH DEPARTMENT ENVIRONMENTAL HEALTH SERVICES LAKES MANAGEMENT UNIT

3010 Grand Avenue Waukegan, Illinois 60085

**Mary Colwell** 

Michael Adam Christina L. Brant Joseph Marencik Mark Pfister

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#### **EXCECUTIVE SUMMARY**

Fischer Lake is a 23.4-acre manmade lake, located in Grant Township in unincorporated Lake County. Water leaving Fischer Lake flows through Wooster Lake and Duck Lake, then enters Squaw Creek before reaching Fox Lake. Fischer Lake has a maximum depth of 11 feet and a shoreline length of 1.7 miles.

The water clarity in Fischer Lake during 2001 was poor, and averaged 2.72 feet deep. The low clarity in the lake is due to high concentrations of total suspended solids in the water column. A mix of algae and sediment is the probable cause of the high total suspended solid concentrations. The bottom sediment can be resuspended in this shallow lake by wind, wave and carp action, and can enter the lake from the Fish Lake Drain at the south end after rain events.

Phosphorus concentrations in Fischer Lake were very high. Phosphorus enters the lake from the surrounding watershed, including Fish Lake, which drains into Fischer Lake and internal release from sediment. High total phosphorus concentrations are linked to more algae in the water and hence, lower water clarity. Fischer Lake ranked #98 out of 103 Lake County lakes based on average total phosphorus concentrations.

About 63% (5,588 feet) of the total shoreline is eroding to some degree (1,203 feet was classified as slightly eroding, 1,591 feet as moderately eroding), with 32% (2,794 feet) of the shoreline eroding severely. Lawn, shrub, and prairie were the shoreline types that had the most erosion. Severely and moderately eroding shorelines were noted along the western shoreline and around the island.

Aquatic plants are not found in great abundance in this lake, and only covered about 5% of the lake bottom, most often near the shoreline in less than five feet of water. To maintain a healthy fishery, the Illinois Department of Natural Resources suggests that aquatic plants cover approximately 20% to 40% of the lake's surface area. Fischer Lake could benefit from additional plantings of native aquatic plants. They would provide important habitat and their root systems would help stabilize the sediment.

Staff also noted the presence of aggressive invasive plants such as reed canary grass, *Phragmites*, purple loosestrife, honeysuckle and buckthorn trees on the shoreline. The southwestern shoreline and the island were more infested with these types of plants. These aggressive plants can crowd out native, beneficial plants. The removal of these species is recommended.

Lake County Health Department staff noted the presence of large numbers of Canada geese throughout the 2001 season. Their feces add phosphorus to the lake and create nuisance situations on manicured lawns.

# LAKE IDENTIFICATION AND LOCATION

Fischer Lake is a 23.4-acre manmade lake, located in Grant Township in unincorporated Lake County (T45N, R9E, Section 26). Fischer Lake, part of the Fish Lake Drain of the Fox River Watershed, lies between Fish Lake (to the south) and Wooster Lake (to the north), and is connected to these lakes by the Fish Lake Drain, a small creek. Fish Lake Drain enters Fischer Lake at the southern shoreline. Water leaving Fischer Lake flows through Wooster Lake and Duck Lake, then enters Squaw Creek before reaching Fox Lake. Fischer Lake has a maximum depth of 11 feet, with an average depth of 5.5 feet deep, which is estimated at half of the maximum depth. The estimated volume of the lake is 129 acre-feet<sup>1</sup>, or 42 million gallons. The shoreline length is 1.7 miles.

# BRIEF HISTORY OF FISCHER LAKE

A 1939 aerial photo of the location where Fischer Lake now exists shows that the land was actively farmed. The Fish Lake Drain was present at the time, and was widened during 1978 through 1983 to form the lake. It was dug out by Reinhold Fischer, a developer, in order to complement the adjacent subdivision he was building. No known lake management activities have been implemented within this lake since its creation.

# SUMMARY OF CURRENT AND HISTORICAL LAKE USES

Several individuals own the bottom of Fischer Lake. Members of the Fischer family own the majority. Residential areas border the lake along the north and east shorelines. The southern and southwestern shores are undeveloped at this time. A proposed housing development may be built northwest of the lake. No official homeowner's association concerning management of the lake exists at this time. The residents use the lake for aesthetics, fishing and nonmotorized boating. There is no public access to Fischer Lake.

# LIMNOLOGICAL DATA - WATER QUALITY

Water samples were taken once a month, from May through September 2001, at the deep hole location (see Figure 1). The document, "Interpreting Your Water Quality Data" explains these parameters in detail. See Appendix B for water quality sampling and laboratory methods.

The water clarity in Fischer Lake during 2001 was poor, and averaged 2.72 feet deep. Half of the lakes in Lake County have clarity readings of at least 4.18 feet<sup>2</sup>. The low

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<sup>&</sup>lt;sup>1</sup> One acre-foot is one acre filled with one foot of water, or 325,900 gallons.

<sup>&</sup>lt;sup>2</sup> This is the median value, the point at which half of the lake samples have concentrations less than this value, and the other half have greater concentrations. This is based on data from lakes sampled by the LCHD from 1995 through 2001.

Figure 1.

clarity in the lake is due to high concentrations of total suspended solids (TSS) in the water column, which averaged 15 mg/L near the surface. Half of the studied lakes in Lake County have a TSS concentration of less than 5.7 mg/L. A mix of algae and sediment is the probable cause of the high TSS concentrations. The bottom sediment can be resuspended into the water column in this shallow lake by wind, wave and carp action, and can enter the lake from the Fish Lake Drain at the south end after rain events. Rainfall of at least 0.1 inches was recorded at the Wauconda rain gage 3 within 48 hours of each sampling date on Fischer Lake.

The dissolved oxygen (D.O.) concentrations in Fischer Lake were measured from the surface down to the bottom in one-foot increments during 2001. Fischer Lake exhibits polymictic characteristics, meaning the lake thermally stratifies and mixes several times during the year. The lake was thermally stratified during each visit from May through July, which did result in anoxic conditions (< 1mg/L) near the bottom. The lake was weakly stratified in May at approximately the 10-foot depth. Although strong stratification was seen in June (8-foot depth) and July (7-foot depth), the lake probably mixed sometime between these two sampling dates. The water temperatures below the thermocline in July had increased since the June date, indicating there was some mixing of the upper and deeper waters. By August the lake had mixed again, with similar water temperatures found from the surface to the bottom. In May and June, oxygen was > 1 mg/L from the surface down to 9 feet deep and 7 feet deep, respectively. In terms of total water volume, D.O. concentrations were the least in July when the lake held at least 1 mg/L of D.O. from the surface down to 5 feet deep. In August and September, the lake held sufficient oxygen concentrations from the surface down to the bottom. However, without a recent, accurate bathymetric map, the volume of water with sufficient D.O. to sustain aquatic life cannot be accurately calculated.

Total phosphorus (TP) concentrations were about four times higher in Fischer Lake than the Lake County median, which is 0.047 mg/L. TP concentrations averaged 0.198 mg/L for the near surface sample and 0.236 mg/L for the deep water sample. A TP concentration of 0.03 mg/L will support an algal bloom. Fischer Lake ranked #98 out of 103 Lake County lakes based on average total phosphorus concentrations (see Table 2 in Appendix A). Phosphorus enters the lake from the surrounding watershed and from internal loading from sediment resuspension and release. Fish Lake, which drains into Fischer Lake, has high TP concentrations in the water column (0.134 mg/L average in the near surface sample; 1997 data). Fischer Lake has TP concentrations 48% higher than Fish Lake. Other watershed sources which may be causing the increase in TP concentrations are lawns treated with fertilizers, nearby agricultural fields and possibly the nursery to the west of the lake. An additional source of phosphorus is from the large number of Canada geese that were constantly present in 2001. Their feces are highly concentrated with phosphorus.

The trophic condition of a lake indicates the overall level of nutrient enrichment. Most lakes in Lake County are eutrophic or nutrient rich, and are productive lakes in terms of aquatic plants and/or algae and fish. Hypereutrophic lakes are those that have excessive

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<sup>&</sup>lt;sup>3</sup> The Lake County Stormwater Management Commission operates this rain gage.

nutrients. Lakes with nuisance algae growth reminiscent of "pea soup" are often labeled hypereutrophic, and usually have poor water clarity. The condition of Fischer Lake in terms of its phosphorus concentration during 2001 was hypereutrophic. Sources of phosphorus to Fischer Lake include its watershed and internal loading from the sediment.

The lake is also high in total Kjeldahl nitrogen (TKN). The seasonal average of the near surface samples was 2.132 mg/L in 2001. The Lake County TKN median for samples near the surface is 1.120 mg/L. In 1997, Fish Lake had an average TKN concentration of 2.01 mg/L. Therefore, Fish Lake and Fischer Lake have similar TKN concentrations. The ratio of total nitrogen<sup>4</sup> (TN) to total phosphorus (TP) in a lake indicates if the lake is in shorter supply of nitrogen or phosphorus. Lakes with TN:TP ratios of more than 15:1 are usually limited by phosphorus. Those with ratios less than 10:1 are usually limited by nitrogen. The TN:TP ratio of Fischer Lake during 2001 was 11:1, which indicates it is limited by neither, and has an abundance of both nitrogen and phosphorus. Most lakes throughout Lake County are phosphorus limited.

The Illinois Environmental Protection Agency has assessment indices to classify Illinois lakes for their ability to support aquatic life, swimming, or recreational uses. The guidelines consider several aspects, such as water clarity, phosphorus concentrations and aquatic plant coverage. Fischer Lake fully supports aquatic life according to these guidelines. However, the lake is impaired for swimming uses because of the high phosphorus concentrations and low water clarity. This, with its hypereutrophic condition, places Fischer Lake in the nonsupport category for both swimming and recreational uses. The overall use support category for Fischer Lake is that of partial support.

Staff measured the water elevation at the Fish Lake Drain inflow pipe each month, and found the highest fluctuation between July and August, when the water elevation dropped by 6.5 inches. The water elevation increased about 1.5 inches between May and June, and then decreased each month after June. Fluctuating water levels may cause shoreline erosion problems. In order to accurately monitor water levels on Fischer Lake, a staff gage should be installed at a location along the shoreline where it can be easily seen, documented, and maintained.

# LIMNOLOGICAL DATA – AQUATIC PLANT ASSESSMENT

Staff randomly sampled locations in Fischer Lake each month for aquatic plants, and identified 10 species. Table 3 lists the species in Fischer Lake. Table 4 in Appendix A lists the plant species with the frequency that they were found.

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<sup>&</sup>lt;sup>4</sup> Total nitrogen consists of the organic forms of nitrogen plus nitrate nitrogen.

# Table 3. Aquatic and shoreline plants on Fischer Lake, May – September, 2001.

Aquatic Plants

Coontail Ceratophyllum demersum

Elodea Elodea canadensis

Duckweed *Lemna spp.* 

Eurasian water milfoil
American Pondweed
Curlyleaf Pondweed
Leafy Pondweed
Small Pondweed

Myriophyllum spicatum
Potamogeton americanus
Potamogeton crispus
Potamogeton foliosus
Potamogeton pusillus

Watermeal Wolffia spp.

Horned Pondweed Zannichellia palustris

Smartweed *Polygonum spp.* 

Shoreline Plants

Purple loosestrife Lythrum salicaria
Reed Canary Grass Phalaris arundinacea

Buckthorn Rhamnus spp. Honeysuckle Lonicera ssp.

Joe-Pye Weed Eupatorium maculatum
Common Reed Phragmites australis

Aquatic plants are not found in great abundance in this lake, and only covered about 5% of the lake bottom, most often near the shoreline in less than five feet of water. To maintain a healthy fishery, the Illinois Department of Natural Resources suggests that aquatic plants cover approximately 20% to 40% of the lake's surface area. To staff's knowledge, the residents do not treat the small plant beds with aquatic herbicides. The plant found most often throughout the season was Eurasian water milfoil (EWM), an aggressive non-native species. It was also the most common plant found each month, with staff noting its presence at 61% to 71% of the plant sampling locations each month. American pondweed, a beneficial native plant, was the second most commonly found plant. It was found at 28% to 52% of the plant sampling locations. The other species were found sporadically or only once during the season.

Aquatic plants will not photosynthesize in water depths with less than 1% of the available sunlight. Light penetration and depth are the major limiting factors in determining the maximum depth at which aquatic plants will grow. In the case of Fischer Lake, the 1% light level was deeper than the depths at which plants could be found. Light was less than 1% below 7 feet in May and July. The plants were found in water depths only to 5.2 feet in May and 6.5 feet in July. In June and August, sufficient light was available down to 8 feet. The plants were found in water depths to 5.9 feet in June and 6.3 feet in August. Plants were found in water depths up to 3.7 feet in September, when the 1% light level

reached down to 5 feet deep. The plants that were found at these monthly maximum plant depths all were fairly close to the shoreline. The water depth drops rapidly relatively close to the shoreline. The substrate in this rapidly changing depth zone may not easily support plant growth.

An important discovery in Fischer Lake during 2001 was the presence of the water milfoil weevil [*Euhrychiopsis lecontei* (*E. lecontei*)], which biologically can control EWM. *E. lecontei* is a native weevil, which feeds almost exclusively on milfoil species. It was originally discovered while investigating declines of EWM in a Vermont lake in the early 1990s. It was discovered in northeastern Illinois lakes in 1995. Currently, the Lake County Health Department-Lakes Management Unit has documented *E. lecontei* in 23 Lake County lakes. Many of these lakes have seen declines in EWM populations in recent years. Damage to EWM plants in Fischer Lake was minimal in 2001.

Fischer Lake could benefit from additional plantings of native aquatic plants. They would provide important habitat and their root systems would help stabilize the sediment. Because of the lake's poor water clarity, emergent plants would be best to start with. A list of aquatic plants and their approximate prices can be found in Table 6, Appendix A.

Floristic quality index is a measurement designed to evaluate the closeness of the flora (plants species) of an area to that with undisturbed conditions. It can be used to: 1) identify natural areas, 2) compare the quality of different sites or different locations within a single site, 3) monitor long term floristic trends, and 4) monitor habitat restoration efforts. Each floating and submersed aquatic plant in a lake is assigned a number between 1 and 10 (10 indicating the plant species most sensitive to disturbance). These numbers are then used to calculate the floristic quality index (FQI). A high FQI number indicates that there are a large number of sensitive, high quality plant species present in the lake, and better plant diversity. Nonnative species are included in the FQI calculations for Lake County lakes. The FQI scores of 64 lakes measured in 2000 and 2001 range from 0 to 37.2, with an average of 14. Fischer Lake has a FQI of 16, which is considered average diversity based on the 64 lakes measured.

# LIMNOLOGICAL DATA – SHORELINE ASSESSMENT

In August 2001, LCHD staff assessed the shoreline of Fischer Lake. See Appendix B for a discussion of the methods used. Figure 2 shows the different shoreline types found on Fischer Lake. Approximately 63% of the shoreline is developed. This includes lawn, riprap, beach and seawall. The two most common types of shoreline are riprap, which encompasses 29% of the entire shoreline, and lawn, which was 20% of the shoreline. Prairie and shrub areas each made up approximately 14% of the shoreline. Other shoreline types such as seawall, buffer, beach and wetland were each less than 10% of the total shoreline.

Figure 2.

Figure 3.

Staff also categorized each section of shoreline as to the extent of shoreline erosion. About 63% (5,588 feet) of the total shoreline is eroding to some degree (1,203 feet was classified as slightly eroding, 1,591 as moderately eroding), with 32% (2,794 feet) of the shoreline eroding severely (Figure 3). Lawn, shrub, and prairie were the shoreline types that were eroding most. Severely and moderately eroding shorelines were noted along the western shoreline and around the island. Options for shoreline erosion controls can be found in **Objective V: Control Shoreline Erosion**.

Staff also noted the presence of aggressive invasive plants such as reed canary grass, *Phragmites*, purple loosestrife, honeysuckle and buckthorn trees on the shoreline. The southwestern shoreline and the island were more infested with these types of plants. These aggressive plants can crowd out native, beneficial plants. The removal of these species is recommended. Alternatives for their removal can be found within **Objective VI: Eliminate or Control Exotic Species**. Some of the shoreline on which these plants grow is steep and eroding. If these plants are removed, a plan needs to be in place to address shoreline protection. If possible, the shoreline should be planted as soon as the invasive plants are removed.

# LIMNOLOGICAL DATA – WILDLIFE ASSESSMENT

Good numbers of wildlife, particularly birds, were noted on and around Fischer Lake. See Appendix B for methods. Several of the species listed in Table 5 (below) were seen during spring or fall migration and were assumed not to be nesting around the lake.

One bird, the common tern, seen around the lake is listed by the state of Illinois as endangered. Although no nest was found, the adult bird was seen with a fledged young, indicating a nest nearby.

Decent habitat exists along the undeveloped shoreline of Fischer Lake (south and southwestern shorelines). However, much of the shoreline consists of poor habitat in the form of mowed lawn to the water's edge or to riprap or seawall. This habitat is however, favored by Canada Geese, of which there were large numbers around the lake throughout the season. Goose feces is high in organic phosphorus and likely contributes to the concentrations of this nutrient in Fischer Lake. See **Objective VII: Canada Geese Control** for solutions to this problem.

No fish surveys were completed by the LCHD during 2001.

# Table 5. Wildlife species observed on Fischer Lake, May – September, 2001.

Birds

Canada Goose Branta canadensis

Double-crested Cormorant Phalacrocorax auritus

Common Tern\*

Green Heron

Killdeer

Cooper's Hawk

Turkey Vulture

Willow Flycatcher

Purple Martin

Sterna hirundo

Butorides striatus

Charadrius vociferus

Accipiter cooperii

Cathartes aura

Empidonax traillii

Progne subis

Tree Swallow *Iridoprocne bicolor* Corvus brachyrhynchos American Crow Blue Jay Cvanocitta cristata Black-capped Chickadee Poecile atricapillus Catbird Dumetella carolinensis American Robin Turdus migratorius Wood Thrush Hylocichla mustelina Cedar Waxwing Bombycilla cedrorum

Warbling Vireo Vireo gilvus

Yellow Warbler Dendroica petechia Common Yellowthroat Geothlypis trichas Red-winged Blackbird Agelaius phoeniceus Common Grackle Quiscalus quiscula Starling Sturnus vulgaris Northern Oriole Icterus galbula House Sparrow Passer domesticus Northern Cardinal Cardinalis cardinalis House Finch Carpodacus mexicanus

American Goldfinch Carduelis tristis
Indigo Bunting Passerina cyanea
Song Sparrow Melospiza melodia

**Mammals** 

Eastern Chipmunk Tamias striatus

White-tailed Deer Odocoileus virginianus

**Amphibians** 

American Toad Bufo americanus
Bull Frog Rana catesbeiana

Green Frog Rana clamitans melanota

# Table 5. Wildlife species observed on Fischer Lake, May – September, 2001 (cont'd).

**Reptiles** 

Snapping Turtle

Chelydra serpentina

<u>Insects</u>

Cicadas

Dragonfly

Damselfly

Painted Lady Butterfly

- \* Endangered in Illinois
- +Threatened in Illinois

# **EXISTING LAKE QUALITY PROBLEMS**

# • Lack of a Quality Bathymetric Map

A bathymetric (depth contour) map is an essential tool for effective lake management since it provides critical information on the morphometric features of the lake (i.e., acreage, depth, volume, etc.). This information is particularly important when intensive management techniques (i.e., chemical treatments for plant or algae control, dredging, fish stocking, etc.) are part of the lake's overall management plan. Currently, no such map exists for Fischer Lake.

#### • Poor Water Clarity

The water clarity in Fischer Lake during 2001 was poor, and averaged 2.72 feet deep. The low clarity in the lake is due to high concentrations of total suspended solids (TSS) in the water column. A mix of algae and sediment is the cause of the high TSS concentrations. The sediment in the water column can be resuspended in this shallow lake from the bottom by wind, wave and carp action, and can enter the lake from the Fish Lake Drain (at the south end) after rain events.

# • High Nutrient Concentrations

Fischer Lake had high concentrations of both total phosphorus (TP) and total Kjeldahl nitrogen (TKN). Fish Lake, which drains into Fischer Lake, had similar TKN concentrations but had 48% less TP than Fischer Lake. Sources of these nutrients include the existing watershed, local sources (including lawn fertilizers and agricultural fields), and from internal release and resuspension of sediment. High nutrient concentrations, particularly TP, are responsible for the algae blooms and poor water clarity seen in the lake in 2001.

#### • Shoreline Erosion

About 63% (5,588 feet) of the total shoreline is eroding to some degree (1,203 feet was classified as slightly eroding, 1,591 as moderately eroding), with 32% (2,794 feet) of the shoreline eroding severely. Lawn, shrub, and prairie were the shoreline types that were eroding most. Severely and moderately eroding shorelines were noted along the western shoreline and around the island.

#### Lack of Aquatic Vegetation

Aquatic plants are not found in great abundance in this lake, and only cover about 5% of the lake bottom, most often near the shoreline in less than five feet of water. To maintain a healthy fishery, the Illinois Department of Natural Resources suggests that aquatic plants cover approximately 20% to 40% of the lake's surface area. Fischer Lake could benefit from additional plantings of native aquatic plants. They would provide important habitat and their root systems would help stabilize the sediment. Because of the lake's poor water clarity, emergent plants would be best to start with.

#### • Invasive Shoreline Plant Species

Staff also noted the presence of aggressive invasive plants such as reed canary grass, *Phragmites*, purple loosestrife, honeysuckle and buckthorn trees on the shoreline. The southwestern shoreline and the island were more infested with these types of plants. These aggressive plants can crowd out native, beneficial plants. The removal of these species is recommended.

#### Canada Geese

LCHD staff noted the presence of large numbers of Canada geese throughout the 2001 summer season. Their feces add phosphorus to the lake and create nuisance situations on the manicured lawns that are moved to the water's edge.

#### • Lack of Historical Data

Prior to 2001, no historical water quality data for Fischer Lake was known to exist. Participation in the Illinois Volunteer Lake Monitoring Program is recommended. This program will train and assist volunteers in collecting important information on the lake which will benefit the management of the lake by providing long-term trend analysis as well as educating the volunteers and residents around the lake.

# • No Lake Association or Group

It is recommended that a lake association or group be formed on Fischer Lake. Lake associations and groups can be an essential part in managing the lake's health and its overall use by residents. Whole-lake management activities (i.e., watershed controls, algae or plant treatments, fish stocking) are most effective when a collective group is organized to make decisions.

# POTENTIAL OBJECTIVES FOR FISCHER LAKE MANAGEMENT PLAN

- I. Bathymetric Map
- II. Illinois Volunteer Lake Monitoring Program
- III. Aquatic Plant Management Options
- IV. Nuisance Algae Management Options
- V. Shoreline Erosion Control
- VI. Eliminate or Control Exotic Species
- VII. Canada Geese Control
- VIII. Enhance Wildlife Habitat Conditions

# OPTIONS FOR ACHIEVING THE LAKE MANAGEMENT PLAN OBJECTIVES

# **Objective I: Bathymetric Map**

A bathymetric (depth contour) map is an essential tool for effective lake management since it provides critical information on the morphometric features of the lake (i.e., acreage, depth, volume, etc.). This information is particularly important when intensive management techniques (i.e., chemical treatments for plant or algae control, dredging, fish stocking, etc.) are part of the lake's overall management plan. Some bathymetric maps for lakes in Lake County do exist, but they are frequently old, outdated and do not accurately represent the current features of the lake. Currently, no known bathymetric map of Fischer Lake exists.

Maps can be created by agencies like the Lake County Health Department - Lakes Management Unit or other companies. Costs vary, but can range from \$3,000-10,000 depending on lake size.

# Objective II: Illinois Volunteer Lake Monitoring Program

In 1981, the Illinois Volunteer Lake Monitoring Program (VLMP) was established by the Illinois Environmental Protection agency (Illinois EPA) to gather fundamental information on Illinois inland lakes, and to provide an educational program for citizens. Annually, 150-200 lakes (out of 3,041 lakes in Illinois) are sampled by approximately 250 citizen volunteers. The volunteers are primarily lake shore residents, lake owners/managers, members of environmental groups, public water supply personnel, and citizens with interest in a particular lake.

The VLMP relies on volunteers to gather a variety of information on their chosen lake. The primary measurement is the Secchi disk transparency or Secchi depth. Analysis of the Secchi disk measurement provides an indication of the general water quality condition of the lake, as well as the amount of usable habitat available for fish and other aquatic life.

Microscopic plants and animals, water color, and suspended sediments are factors that interfere with light penetration through the water column and lessen the Secchi disk depth. As a rule, two to three times the Secchi depth is considered the lighted or euphotic zone of the lake. In this region of the lake there is enough light to allow plants to survive and produce oxygen. Water below the lighted zone can be expected to have little or no dissolved oxygen. Other observations such as water color, suspended algae and sediment, aquatic plants, and odor are also recorded. The sampling season is May through October with volunteer measurements taken twice a month. After volunteers have completed one year of the basic monitoring program, they are qualified to participate in the Expanded Monitoring Program. In the expanded program, selected volunteers are trained to collect water samples that are shipped to the Illinois EPA laboratory for analysis of total and volatile suspended solids, total phosphorus, nitratenitrite nitrogen and ammonia nitrogen. Other parameters that are part of the expanded program include dissolved oxygen, temperature, and zebra mussel monitoring. Additionally, chlorophyll a monitoring has been added to the regiment of selected lakes. These water quality parameters are routinely measured by lake scientists to help determine the general health of the lake ecosystem.

For more information about the VLMP contact the VLMP Regional Coordinator:

Holly Hudson Northeast Illinois Planning Commission 222 S. Riverside Plaza, Suite 1800 Chicago, IL 60606 (312) 454-4000

# **Objective III: Aquatic Plant Management Options**

All aquatic plant management techniques have both positive and negative characteristics. If used properly, they can all be beneficial to a lake's well being. If misused or abused, they all share similar outcomes - negative impacts to the lake. Putting together a good aquatic plant management plan should not be rushed. Plans should consist of a realistic set of goals well thought out before implementation. The plan should be based on the management goals of the lake and involve usage issues, habitat maintenance/restoration, and limitations of the lake. For an aquatic plant management plan to achieve long term success, follow up is critical. A good aquatic plant management plan considers both the short and long-term needs of the lake. The management of the lake's vegetation does not end once the nuisance vegetation has been reduced/eliminated. It is critical to continually monitor problematic areas for regrowth and remove as necessary. An association or property owner should not always expect immediate results. A quick fix of the vegetation problems may not always be in the best interest of the lake. Sometimes the best solutions take several seasons to properly solve the problem. The management options covered below are commonly used techniques that are coming into wider acceptance and have been used in Lake County. There are other plant management options that are not covered below as they not are very effective, unreliable, or are too experimental to be widely used.

# **Option 1: No Action**

If the lake is dominated by *native*, *non-invasive* species, the no action option could be ideal. Under these circumstances native plant populations could flourish and keep nuisance plants from becoming problematic. However, if a no action aquatic plant management plan in a lake with non-native, invasive species, nothing would be done to control the aquatic plant population of the lake regardless of the type and extent of the vegetation. Nuisance vegetation could continue to grow until epidemic proportions are reached. Growth limitations of the plant and the characteristics of the lake itself (light penetration, lake morphology, substrate type, etc.) will dictate the extent of infestation. Rooted plants, such as curly leaf pondweed (*Potamogeton crispus*) and elodea (*Elodea canadensis*), will be bound by physical factors such as substrate type and light availability. Plants such as Eurasian water milfoil and coontail, which can grow unrooted at the surface regardless of water depth, could grow to cover 100% of the water's surface. This could cause major inhibition of the lakes recreational uses and impact fish and other aquatic organisms adversely.

# **Pros**

There are positive aspects associated with the no action option for plant management. The first, and most obvious, is that there is no cost. However, if an active management plan for vegetation control were eventually needed, the cost would be substantially higher than if the no action plan had not been followed in the first place. Another benefit of this option would be the lack of environmental manipulation. Under the no action option, no chemicals, mechanical alteration, or introduction of any organisms would take place. This is important since studies have shown that nuisance plants are more likely to invade disrupted areas. If the

lake contains native, non-invasive plant species, expansion of the native plant population would increase the overall biodiversity and health of the lake. Habitat, breeding areas, and food source availability would greatly improve. Use of the lake would continue as normal and in some cases might improve (fishing) if native plants keep "weedy" plants under control.

An additional benefit of the no action option is the possible improvement in water quality. Turbidity could decrease and clarity should increase due to sediment stabilization by the plant's roots. Algal blooms could be reduced due to decreased resource availability and sediment stabilization. However, the occurrence of filamentous algae may increase/remain stable due to their surface growth habitat. The lake's fishery could improve due to habitat availability, which in turn would have numerous positive effects on the rest of the lake's ecosystem.

#### Cons

Under the no action option, if nuisance vegetation is dominant in the lake and were uninhibited and able to reach epidemic proportions, there will be many negative impacts on the lake. By their weedy nature, the nuisance plants would out-compete the more desirable native plants. This could eventually, drastically reduce or even eliminate the native plant population of the lake and reduce the lake's biodiversity. The fishery of the lake may become stunted due the to lack of quality forage fish habitat and reduced predation. Predation will decrease due to the difficulty of finding prey in the dense stands of vegetation. This will cause an explosion in the small fish population and with food resources not increasing, growth of fish will be reduced. Decreased dissolved oxygen levels, due to high biological oxygen demand from the excessive vegetation, will also have negative impacts on the aquatic life. Wildlife populations will also be negatively impacted by these dense stands of vegetation. Birds and waterfowl will have difficulty finding quality plants for food or in locating prey within the dense plant stands.

Water quality could also be negatively impacted with the implementation of the no action option. Deposition of large amounts of organic matter and release of nutrients upon the death of the massive stands of vegetation is a probable outcome of the no action option. These dead plants will contribute to the sediment load of the lake and could accelerate its filling in. The large nutrient release when the plants die back in the fall could lead to lake-wide algae blooms and an overall increase of the internal nutrient load. In addition, the decomposition of the massive amounts of vegetation will lead to a depletion of the lakes dissolved oxygen. This can cause fish stress, and eventually, if the stress is frequent or severe enough, fish kills. All of the impacts above could in turn have negative impacts on numerous aspects of the lake's ecosystem.

In addition to the ecological impacts, many physical uses of the lake will be negatively impacted. Boating could be nearly impossible without becoming entangled in thick stands of plants. Swimming could also become increasingly difficult due to thick vegetation that would develop at beaches. Fishing could

become more and more exasperating due in part to the thick vegetation and also because of stunted fish population. In addition, the aesthetics of the lake will also decline due to large areas of the lake covered by tangled mats of vegetation and the odors that will develop when they decay. The combination of the above events could cause property values on the lake to suffer. Property values on lakes with weedy plant/algae problems have been shown to decrease by as much as 15-20%.

#### Costs

No cost will be incurred by implementing the no action management option. However, if in the future a management plan was initiated, costs might be significantly higher since a no action plan was originally followed.

# **Option 2: Aquatic Herbicides**

Aquatic herbicides are the most common method to control nuisance vegetation/algae. When used properly, they can provide selective and reliable control. Products can not be licensed for use in aquatic situations unless there is less than a 1 in 1,000,000 chance of any negative effects on human health, wildlife, and the environment. Aquatic herbicides are not allowed to be environmentally persistent, bioaccumulate, or have any bioavailability. Prior to herbicide application, licensed applicators should evaluate the lake's vegetation and, along with the lake's management plan, choose the appropriate herbicide and treatment areas, and apply the herbicides during appropriate conditions (i.e. low wind speed, D.O. concentration, temperature).

There are two groups of herbicides: contact and systemic. Contact herbicides, like their name indicates, kill on contact. These herbicides affect only the above ground portion of the plant that they come into contact with and therefore do not kill the root system. An example of a contact herbicide is diquat. Systemic herbicides are taken up by the plant and disrupt cellular processes, which in turn cause plant death. These herbicides kill both the above ground portions of the plant as well as the root system. An example of a systemic herbicide is fluridone. Both types of herbicides are available in liquid or granular forms. Liquid forms are concentrated and need to be mixed into water to obtain the desired concentration. The solution is then sprayed on the water's surface or injected into the water in the treatment areas. Granular herbicides are broadcast in a known rate over the treatment area where they sink to the bottom. Some granular products slowly release the herbicide, which is then taken up by the plant. These are referred to as SRP formulations (Slow Release Pellet). Other granular herbicides come in crystal form and dissolve as they come in contact with water. This is typical of herbicides such as copper sulfate. Many herbicides come in both liquid and granular forms to fit the management needs of the lake. Herbicide applications can either be done as whole lake treatments or as more selective spot treatments. Multiple herbicides are often mixed and applied together. This is called a tank mix. This is done to save time, energy, and cost.

Aquatic herbicides are best used on actively growing plants to ensure optimal herbicide uptake. For this reason, herbicides are normally applied mid to late spring when water temperatures are above 60°F. This is the time of year when the plants are most actively

growing and before seed/vegetative propagule formation. Follow up applications should be done as needed. When choosing an aquatic herbicide it is important to know what plants are present, which ones are problematic, which plants are beneficial, and how a particular herbicide will act upon these plants. The herbicide label is very important and should always be read before use. There may be more than one herbicide for a given plant. As with other management options, proper usage is the key to their effectiveness, benefits, and disadvantages.

In Fischer Lake, the aquatic plant communities should be allowed to expand. If the lake becomes choked with nuisance plants, a herbicide application could be implemented. If nuisance vegetation (particularly if it is Eurasian water milfoil or coontail) is located in isolated areas in the lake, then spot treatments with granular 2,4-D or other granular product could be utilized. Treatments should occur early in the spring (April or May). A herbicide like fluridone may not be as effective since Fischer Lake is a flow through system.

#### Pros

When used properly, aquatic herbicides can be a powerful tool in management of excessive vegetation. Often, aquatic herbicide treatments can be more cost effective in the long run compared to other management techniques. A properly implemented plan can often provide season long control with minimal applications. Ecologically, herbicides can be a better management option than using mechanical harvesting or grass carp. When properly applied, aquatic herbicides may be selective for nuisance plants such as Eurasian water milfoil but allow desirable plants such as American pondweed (*Potamogeton nodosus*) to remain. This removes the problematic vegetation and allows native and more desirable plants to remain and flourish with minimal manipulation.

The fisheries and waterfowl populations of the lake would benefit greatly due to an increase in quality habitat and food supply. Dense stands of plants would be thinned out and improve spawning habitat and food source availability for fish. Waterfowl population would greatly benefit from increases in quality food sources, such as large-leaf pondweed (*Potamogeton amplifolius*). Another environmental benefit of using aquatic herbicides over other management options is that they are organism specific. The metabolic pathways by which herbicides kill plants are plant specific which humans and other organisms do not carry out. Organisms such as fish, birds, mussels, and zooplankton are generally unaffected.

By implementing a good management plan with aquatic herbicides, usage opportunities of the lake would increase. Activities such as boating and swimming would improve due to the removal of dense stands of vegetation. The quality of fishing may improve because of improved habitat. In addition to increased usage opportunities, the overall aesthetics of the lake would improve, potentially increasing property values on the lake.

#### Cons

The most obvious drawback of using aquatic herbicides is the input of chemicals into the lake. Even though the United States Environmental Protection Agency (USEPA) approved these chemicals for use, human error can make them unsafe and bring about undesired outcomes. If not properly used, aquatic herbicides can remove too much vegetation from the lake. This could drastically alter biodiversity and ecological. Total or over-removal of plants can cause a variety of problems lake-wide. The fishery of the lake may decline and/or become stunted due to predation issues related to decreased water clarity. Other wildlife, such as waterfowl, which commonly forage on aquatic plants, would also be negatively impacted by the decrease in food supply.

Another problem associated with removing too much vegetation is the loss of sediment stabilization by plants, which can lead to increased turbidity and resuspension of nutrients. The increase in turbidity can cause a decrease in light penetration, which can further aggravate the aquatic plant community. The resuspension of nutrients will contribute to the overall nutrient load of the lake, which can lead to an increased frequency of noxious algal blooms. Furthermore, the removal of aquatic vegetation, which compete with algae for resources, can directly contribute to an increase in blooms.

After the initial removal, there is a possibility for regrowth of vegetation. Upon regrowth, weedy plants such as Eurasian watermilfoil and coontail quickly reestablish, form dense stands, and prevent the growth of desirable species. This causes a decrease in plant biodiveristy. Additionally, these dense stands of nuisance vegetation can lead to an overpopulation of stunted fish due to a decrease in predation of forage species by predatory fish. This disruption in the fisheries can have negative impacts throughout the ecosystem from zooplankton to higher organisms such as waterfowl and other wildlife. Additionally, some herbicides have use restrictions regarding their use in relation to fish, swimming, irrigation, etc.

Over-removal, and possible regrowth of nuisance vegetation that may follow will drastically impair recreational use of the lake. Swimming could be adversely affected due to the likelihood of increased algal blooms. Swimmers may become entangled in large mats of filamentous algae. Blooms of planktonic species, such as blue-green algae, can produce harmful toxins as well produce noxious odors. If regrowth of nuisance vegetation were to occur, motors could become entangled making boating difficult. Fishing would also be negatively impacted due to the decreased health of the lake's fishery. The overall appearance of the lake would also suffer due to an increase in unsightly algal blooms and massive stands of vegetation. This in turn could have an unwanted effect on property values. Studies have shown that problematic algal blooms can decrease property values by 15-20%.

#### Costs

Granular 2,4-D spot treatment costs approximately \$350-425/surface acre.

# **Option 3: Hand Removal**

Hand removal of excessive aquatic vegetation is a commonly used management technique. Hand removal is normally used in small ponds/lakes and limited areas for selective vegetation removal. Areas surrounding piers and beaches are commonly targeted areas. Typically tools such as rakes and cutting bars are used to remove vegetation. These are easily obtainable through many outdoor supply catalogs or over the internet. Some rakes are equipped with tines as well as cutting edges. Tools can also be hand made by drilling a hole in the handle of a heavy-duty garden rake and tying it to a length of rope. Weights may be needed in order to provide forceful contact with the plants. In many instances, homeowners on lakes with near shore vegetation problems simply cut swaths through the weeds to create pathways to open water. Due to the limited amount of biomass removed, harvested plant material is often used as fertilizer and compost in gardens.

This technique could be used in Fischer Lake to eliminate small patches of nuisance vegetation, such as Eurasian water milfoil.

#### Pros

Hand removal is a quick, inexpensive, and selective way to remove nuisance vegetation. Hand removal is an activity in which all lake residents could participate. The work involved in removing plants can provide a rewarding sense of accomplishment. By removing excess vegetation, use of beaches and piers would be improved. Many of the improved water quality benefits of a well-executed herbicide program or harvesting program are also shared by hand removal. Wildlife habitat, such as fish spawning beds, could be greatly improved. This in turn would benefit other portions of the lake's ecosystem.

#### Cons

There are few negative attributes to hand removal. One negative implication is labor. Depending on the extent of infestation, removal of large amount, of vegetation can be quite tiresome. Another drawback can be disposal. Finding a site for numerous residents to dispose of large quantities of harvested vegetation can sometimes be problematic. However, individual homeowners would be removing limited quantities of plant material so there would not be much to dispose of. Another drawback is possible nonselective removal by hand harvesting. By throwing a rake blindly into the depths, it is impossible to determine what plants are removed and which ones are not until the rake is pulled up. Even in shallow depths, untrained persons might mistakenly remove desirable vegetation and/or disrupt valuable habitat (fish spawning beds). Over removal could also be a problem but is not normally a concern with hand removal.

#### Costs

Plant removal rakes can range in price from \$50-150 and cutting tools commonly range in price from \$50-200. Both are available from numerous catalogs and from the internet. A homemade rake would cost about \$20-40.

#### **Option 4: Reestablishing Native Aquatic Vegetation**

This option is strongly recommended for Fischer Lake.

Revegetation should only be done when existing nuisance vegetation, such as Eurasian water milfoil, are under control using one of the above management options. If the lake has poor clarity due to excessive algal growth or turbidity, these problems must be addressed before a revegetation plan is undertaken. Without adequate light penetration, revegetation will not work. At maximum, planting depth light levels must be greater than 1-5% of the surface light levels for plant growth and photosynthesis.

There are two methods by which reestablishment can be accomplished. The first is use of existing plant populations to revegetate other areas within the lake. Plants from one part of the lake are allowed to naturally expand into adjacent areas thereby filling the niche left by the nuisance plants. Another technique utilizing existing plants is to transplant vegetation from one area to another. The second method of reestablishment is to import native plants from an outside source. A variety of plants can be ordered from nurseries that specialize in native aquatic plants. These plants are available in several forms such as seeds, roots, and small plants. These two methods can be used in conjunction with one another in order to increase both quantity and biodiversity of plant populations. Additionally, plantings must be protected from herbivory by waterfowl and other wildlife. Simple cages made out of wooden or metal stakes and chicken wire are erected around planted areas for at least one season. The cages are removed once the plants are established and less vulnerable. If large-scale revegetation is needed it would be best to use a consultant to plan and conduct the restoration. Table 6 lists common, native plants that should be considered when developing a revegetation plan. Included in this list are emergent shoreline vegetation (rushes, cattails, etc) and submersed aquatic plants (pondweeds, Vallisneria, etc). Prices, planting depths, and planting densities are included and vary depending on plant species.

In Fischer Lake, native emergent plants could be planted along the shoreline. Submersed aquatic plants could be planted as well, however, success will be somewhat dependent on water clarity. If water clarity can be improved, submersed plants will have a higher chance of success.

#### Pros

By revegetating newly opened areas that were once infested with nuisance species, the lake will benefit in several ways. Once established, expanded native plant populations will help to control growth of nuisance vegetation. This provides a more natural approach as compared to other management options. In addition, using established native plants to control excessive invasive plant growth can be less expensive in the long run than other options. Expanded native

plant populations will also help with sediment stabilization. This in turn will have a positive effect on water clarity by reducing suspended solids and nutrients that decrease clarity and cause excessive algal growth. Properly revegetating shallow water areas with plants such as cattails, bulrushes, and water lilies can help reduce wave action that can lead to shoreline erosion. Increases in desirable vegetation will increase the plant biodiversity and also provide better quality habitat and food sources for fish and other wildlife. Recreational uses of the lake such as fishing and boating will also increase due to the improvement in water quality and the suppression of weedy species.

#### Cons

There are few negative impacts to revegetating a lake. One possible drawback is the possibility of new vegetation expanding to nuisance levels and needing control. However, this is an unlikely outcome. Another drawback could be high costs if extensive revegetation is needed using imported plants. If a consultant is used costs would be substantially higher. Additional costs could be associated with constructing proper herbivory protection measures.

#### Costs

See Table 6 for plant pricing. Additional costs will be incurred if a consultant/nursery is contracted for design and labor.

# **Option IV: Nuisance Algae Management Options**

The growth of nuisance or excessive algae can cause a number of problems. Excessive algal growth can cause decreases in water clarity and light penetration. This can lead to several major problems such as loss of aquatic plants, decline in fishery health, and interference with recreational activities. Health hazards, such as swimmer's itch and other skin irritations have been linked to nuisance algae growth. Normally, excessive/nuisance algae growth is a sign of larger problems such excessive nutrients and/or lack of aquatic plants. Some treatment methods, such as copper sulfate, are only quick remedies to the problem. Solving the problem of nuisance algal growth involves treating the factors that cause the growth not the algae it self. Long-term solutions typically include an integrated approach such as alum treatments, revegetation with aquatic plants, and limiting external sources of nutrients. Interestingly enough, these long-term management strategies are seldom used, typically because of their high initial costs. Instead, the cheap, quick fix of using copper sulfate, though temporary, is much more widely used. However, the costs of continually applying copper sulfate over years, even decades, can eventually far exceed the costs of a slower acting, eventually more effective, integrated approach.

As with aquatic plant management techniques, algae management practices have both positive and negative characteristics. If used properly, they can be beneficial to a lake's well being. If misused or abused, they all share similar outcomes - negative impacts to the lake. Putting together a good management plan should not be rushed. Plans should consist of a realistic set of goals well thought out before implementation. The plan should be based on the management goals of the lake and involve usage issues (beaches, boat ramps, etc.), habitat maintenance/restoration issues, and nutrient levels. For an algal management plan to achieve long term success, follow up is critical. The management of the lake's algae problem does not end once the blooms and/or mats have been reduced/eliminated. It is critical to continually monitor problematic areas for regrowth and treat as necessary. An association or property owner should not always expect immediate results. A quick fix of the algal problem may not always be in the best interest of the lake. Sometimes the best solutions take several seasons to properly address the problem. The management options covered below are commonly used techniques and those that are coming into wider acceptance, and have been used in Lake County. There are other algae management options that are not covered below as they are not very effective, unproven, unfounded, or are too experimental to be widely used.

#### **Option 1: No Action**

With a no action management plan nothing would be done to control the nuisance algae regardless of type and extent. Nuisance algae, planktonic and/or filamentous, could continue to grow until epidemic proportions are reached. Growth limitations of the algae and the characteristics of the lake itself (light penetration, nutrient levels.) will dictate the extent of growth. Unlike aquatic plants, algae are not normally bound by physical factors such as substrate type. The areas in which filamentous and thick surface planktonic blooms (scum) occur can be affected by wind and wave action if strong enough. However, under normal conditions, with no action, both filamentous and planktonic algal

blooms can spread to cover 100% of the surface. This could cause major inhibition of the lakes recreational uses and impact fish and other aquatic organisms adversely.

#### Pros

There are positive aspects associated with the no action option for nuisance algae management. The first, and most obvious, is that there is no cost. However, if an active management plan for algae control were eventually needed, the cost would be substantially higher than if the no action plan had been followed in the first place. Another benefit of this option would be the lack of environmental manipulation. Under the no action option, chemicals or introduction of any organisms would not take place. Use of the lake would continue as normal unless blooms worsened. In this case, activities such as swimming might have to be suspended due to an increase in health risks. Other problems such as strong odors (blue-green algae) might also increase in frequency.

#### Cons

Under the no action option, if nuisance algae becomes wide spread and able to reach epidemic proportions, there will be many negative impacts on the lake. The fishery of the lake may become stunted due the to lack of quality forage fish habitat and reduced predation. This will cause an explosion in the small fish population and with food resources not increasing, growth of fish will be reduced. Fish kills can result from toxins released by some species such as some bluegreen algae. Blue-green algae can also produced toxins that are harmful to other algae. This allows blue-green algae to quickly dominate a body of water. Decreased dissolved oxygen levels, due to high biological oxygen demand from the excessive algae growth, will also have negative impacts on the aquatic life. Wildlife populations will also be negatively impacted by dense growths of algae. Birds and waterfowl will have difficulty finding quality plants for food or in locating prey within the turbid green waters. Additionally, some species, such as blue-green algae, are poor sources of food for zooplankton and fish.

Water quality could also be negatively impacted with the implementation of a no action option. Decomposition of organic matter and release of nutrients upon algal death is a probable outcome. Large nutrient release with algae die back could lead to lake-wide increases of internal nutrient load. This could in turn, could increase the frequency or severity of other blooms. In addition, decomposition of massive amounts of algae, filamentous and planktonic, will lead to a depletion of dissolved oxygen in the lake. This can cause fish stress, and eventually, if stress is frequent or severe enough, fish kills. All of the impacts above could in turn have negative impacts on numerous aspects of the lake's ecosystem.

In addition to ecological impacts, many physical lake uses will be negatively impacted. Boating could be nearly impossible without becoming entangled in thick mats of filamentous algae. Swimming could also become increasingly difficult and unsafe due to thick mats and reduction in visibility by planktonic

blooms. Fishing could become more and more exasperating due in part to the thick mats and stunted fish populations. In addition, the aesthetics of the lake will also decline due to large areas of the lake covered by large green mats and/or blooms of algae and the odors that may develop, such as with large blue-green blooms. The combination of above events could cause property values on the lake to suffer. Property values on lakes with algae problems have been shown to decrease by as much as 15-20%.

#### Costs

No cost will be incurred by implementing the no action management option.

# **Option 2: Algicides**

Algicides are a quick and inexpensive way to temporarily treat nuisance algae. Copper sulfate (CuSO<sub>4</sub>) and chelated copper products are the two main algicides in use. These two compounds are sold by a variety of brand names by a number of different companies. They all work the same and act as contact killers. This means that the product has to come into contact with the algae to be affective. Algicides come in two forms, granular and liquid. Granular herbicides are spread by hand or machine over an effected area. They can also be placed in a porous bag (such as a burlap sack) and dragged though the water in order to dissolve and disperse the product. Granular algicides are mainly used on filamentous algae where they are spread over the mats. As the granules dissolve, they kill the algae. Liquid algicides, which are much more widely used, are mixed with a known amount of water to achieve a known concentration. The mixture is then sprayed onto/into the water. Liquid algicides are used on both filamentous and planktonic algae. Liquid algaecides are often mixed with herbicides and applied together to save on time and money. The effectiveness of some herbicides are enhanced when mixed with an algicide. When applying an algicide it is imperative that the label is completely read and followed. If too much of the lake is treated at any one time an oxygen crash may occur. This may cause fish kills due to decomposition of treated algae. Additionally, treatments should never be made when blooms/mats are at their fullest extent. It is best to divide the lake into at least two sections depending on the size of the lake. Larger lakes will need to be divided into more sections. Then treat the lake one section at a time allowing at least two weeks between treatments. Furthermore, application of algicides should never be done in extremely hot weather (>90°F) or when D.O. concentrations are low. This will help lessen the likelihood of an oxygen crash and resulting fish kills. When possible, treatments should be made as early in the season as possible when temperature and D.O. concentrations are adequate. It is best to treat in spring or when the blooms/mats starts to appear there by killing the algae before they become a problem.

#### Pros

When used properly, algicides can be a powerful tool in management of nuisance algae growth. A properly implemented plan can often provide season long control with minimal applications. Another benefit of using algicides are their low costs. The fisheries and waterfowl populations of the lake would greatly benefit due to a decrease in nuisance algal blooms. By reducing the algae, clarity would increase. This in turn would allow the native aquatic plants to return to the

lake. Newly established stands of plants would improve spawning habitat and food source availability for fish. Waterfowl population would greatly benefit from increases in quality food sources, such as large-leaf pondweed (*Potamogeton amplifolius*) and sago pondweed (*Potamogeton pectinatus*). Additionally, copper products, at proper dosages, are selective in the sense that they do not affect aquatic vascular plants and wildlife.

By implementing a good management plan, usage opportunities for the lake would increase. Activities such as boating and swimming would improve due to the removal of thick blooms and/or mats of algae. Health risks associated with excessive algae growth (toxins, reduced visibility, etc.) The quality of fishing may recover due to improved habitat and feeding opportunities. In addition to increased usage opportunities, overall aesthetics of the lake would improve, potentially increasing property values.

#### Cons

The most obvious drawback of using algicides is the input of chemicals into the lake. Even though the United States Environmental Protection Agency (USEPA) approved these chemicals for use, human error and overuse can make them unsafe and bring about undesired outcomes. By continually killing particular algal species, lake managers may unknowingly be creating a larger problem. As the algae are continuously exposed to copper, some species are becoming more and more tolerant. This results in the use of higher concentrations in order to achieve adequate control, which can be unhealthy for the lake. In other instances, by eliminating one type of algae, lake managers are finding that other species that are even more problematic are filling the empty gap. These species that fill the gap can often be more difficult to control due to an inherent resistance to copper products. Additionally, excessive use of copper products can lead to a build up of copper in lake sediment. This can cause problems for activities such as dredging. Due to a large amount of copper in the sediment, special permits and disposal methods would have to be utilized.

#### Costs

To calculate total cost it will be necessary to calculate surface acreage (SA) or acre-feet (AF) of the area(s) to be treated according to each lake's aquatic plant management plan. Chelated copper products costs about \$35-45 per gallon. Treatment applications vary but generally are recommended at 1-5 gallons per acre foot, depending on the product.

#### **Option 3: Alum Treatment**

A possible remedy to excessive algal growth is to eliminate or greatly reduce the amount of phosphorus. This can be accomplished by using aluminum sulfate (alum). Alum does not directly kill algae as copper sulfate does. Instead, alum binds phosphorus making it unavailable, thus reducing algal growth. Alum binds water-borne phosphorus and forms a flocculent layer that settles on the bottom. This floc layer can then prevent sediment bound phosphorus from entering the water column. Phosphorus inactivation using alum

has been in use for 25 years. However, cost and sometimes unreliable results deterred its wide spread use. Currently, alum is commonly being used in ponds and small lakes, and its use in larger lakes is increasing. Alum treatment typically lasts 1 to 20 years depending on various parameters. Lakes with low mean depth to surface area ratio are good candidates. This encompasses many lakes within Lake County. Lakes that are thermally stratified experience longer inactivation than non-stratified lakes due to isolation of the flocculent layer. Lakes with small watersheds are also better candidates because external phosphorus sources can be limited. Alum treatments must be carefully planned and carried out by an experienced professional. If not properly done, there may be many detrimental side effects.

#### Pros

Phosphorus inactivation is a possible long-term solution for controlling nuisance algae and increasing water clarity. Alum treatments can last as long as 20 years. This makes alum more cost effective in the long-term compared to continual treatment with algaecides. Studies have shown reductions in phosphorus concentrations by 66% in spring and 68% in summer. Chlorophyll *a*, a measure of algal biomass, was reduced by 61%. Reduction in algal biomass caused an increase in dissolved oxygen and a 79% increase in Secchi disk readings. Effects of alum treatments can be seen in as little as a few days. The increase in clarity can have many positive effects on the lake's ecosystem. With increased clarity, plant populations could expand or reestablish. This in turn would improve fish habitat and provide improved food/habitat sources for other organisms. Recreational activities such as swimming and fishing would be improved due to increased water clarity and healthy plant populations. Typically, there is a slight invertebrate decline immediately following treatment but populations recover fully by the following year.

#### Cons

There are several drawbacks to alum. External nutrient inputs must also be reduced or eliminated for alum to provide long-term effectiveness. With larger watersheds this could prove to be physically and financially impossible. Phosphorus inactivation may be shortened by excessive plant growth or motorboat traffic, which can disturb the flocculent layer and allow phosphorus to be released. Also, lakes that are shallow, non-stratified, and wind blown typically do not achieve long term control due to disruption of the flocculent layer. If alum is not properly applied toxicity problems may occur. Typically aluminum toxicity occurs if pH is below 6 or above 9. Most of Lake County's lakes are in this safe range. However, at these pHs, special precautions must be taken when applying alum. By adding the incorrect amounts of alum, pH of the lake could drastically change. Due to these dangers, it is highly recommended that a lake management professional plans and administers the alum treatment.

# Costs

Morphemic data is required to make proper calculations. However, based on the estimated volume of Fischer Lake (129 acre-feet) an alum treatment would cost approximately \$18,200 - 31,200.

# **Option 4: Revegetation With Native Aquatic Plants**

This option is identical to Option 4 in **Objective III: Aquatic Plant Management Options**.

# **Objective V: Shoreline Erosion Control**

Erosion is a potentially serious problem to lake shorelines and occurs as a result of wind, wave, or ice action or from overland rainwater runoff. While some erosion to shorelines is natural, human alteration of the environment can accelerate and exacerbate the problem. Erosion not only results in loss of shoreline, but negatively influences the lake's overall water quality by contributing nutrients, sediment, and pollutants into the water. This effect is felt throughout the food chain since poor water quality negatively affects everything from microbial life to sight feeding fish and birds to people who want to use the lake for recreational purposes. The resulting increased amount of sediment will over time begin to fill in the lake, decreasing overall lake depth and volume and potentially impairing various recreational uses.

# **Option 1: No Action**

#### Pros

There are no short-term costs to this option. However, extended periods of erosion may result in substantially higher costs to repair the shoreline in the future.

Eroding banks on steep slopes can provide habitat for wildlife, particularly bird species (e.g. kingfishers and bank swallows) that need to burrow into exposed banks to nest. In addition, certain minerals and salts in the soils are exposed during the erosion process, which are utilized by various wildlife species.

#### Cons

Taking no action will most likely cause erosion to continue and subsequently may cause poor water quality due to high levels of sediment or nutrients entering a lake. This in turn may retard plant growth and provide additional nutrients for algal growth. A continual loss of shoreline is both aesthetically unpleasing and may potentially reduce property values. Since a shoreline is easier to protect than it is to rehabilitate, it is in the interest of the property owner to address the erosion issue immediately.

#### Costs

In the short-term, cost of this option is zero. However, long-term implications can be severe since prolonged erosion problems may be more costly to repair than if the problems were addressed earlier. As mentioned previously, long-term erosion may cause serious damage to shoreline property and in some cases lower property values.

#### **Option 2: Install a Steel or Vinyl Seawall**

Seawalls are designed to prevent shoreline erosion on lakes in a similar manner they are used along coastlines to prevent beach erosion or harbor siltation. Today, seawalls are generally constructed of steel, although in the past seawalls were made of concrete or wood (frequently old railroad ties). Concrete seawalls cracked or were undercut by wave

action requiring routine maintenance. Wooden seawalls made of old railroad ties are not used anymore since the chemicals that made the ties rot-resistant could be harmful to aquatic organisms. A new type of construction material being used is vinyl or PVC. Vinyl seawalls are constructed of a lighter, more flexible material as compared to steel. Also, vinyl seawalls will not rust over time as steel will.

#### Pros

If installed properly and in the appropriate areas (i.e. shorelines with severe erosion) seawalls provide effective erosion control. Seawalls are made to last numerous years and have relatively low maintenance.

#### Cons

Seawalls are disadvantageous for several reasons. One of the main disadvantages is that they are expensive, since a professional contractor and heavy equipment are needed for installation. Any repair costs tend to be expensive as well. If any fill material is placed in the floodplain along the shoreline, compensatory storage may also be needed. Compensatory storage is the process of excavating in a portion of a property or floodplain to compensate for the filling in of another portion of the floodplain. Permits and surveys are needed whether replacing and old seawall or installing a new one (see costs below).

Wave deflection is another disadvantage to seawalls. Wave energy not absorbed by the shoreline is deflected back into the lake, potentially causing sediment disturbance and resuspension, which in turn may cause poor water clarity and problems with nuisance algae, which use the resuspended nutrients for growth. If seawalls are installed in areas near channels, velocity of run-off water or channel flow may be accelerated. This may lead to flooding during times of high rainfall and run-off, shoreline erosion in other areas of the lake, or a resuspension of sediment due to the agitation of the increased wave action or channel flow, all of which may contribute to poor water quality conditions throughout the lake. Plant growth may be limited due to poor water clarity, since the photosynthetic zone where light can penetrate, and thus utilized by plants, is reduced. Healthy plants are important to the lake's overall water clarity since they can help filter some of the incoming sediment, prevent resuspension of bottom sediment, and compete with algae for nutrients. However, excessive sediment in the water and high turbidity may overwhelm these benefits.

Finally, seawalls provide no habitat for fish or wildlife. Because there is no structure for fish, wildlife, or their prey, few animals use shorelines with seawalls. In addition, poor water clarity that may be caused by resuspension of sediment from deflected wave action contributes to poor fish and wildlife habitat, since sight feeding fish and birds (i.e. bass, herons, and kingfishers) are less successful at catching prey. This may contribute to a lake's poor fishery (i.e. stunted fish populations).

### Costs

Depending on factors such as slope and shoreline access, cost of seawall installation ranges from \$65-80 per linear foot for steel and \$70-100 per linear foot for vinyl. A licensed contractor installs both types of seawall. On Fischer Lake to install a seawall along the moderately eroded shorelines would cost \$103,415 – 127,280 for steel and approximately \$111,370 – 159,100 for vinyl. For the severely eroded areas, a steel seawall would cost approximately \$181,610 – 223,520 and a vinyl seawall would cost approximately \$195,580 – 279,400. Additional costs may occur if the shoreline needs to be graded and backfilled, has a steep slope, or poor accessibility. Price does not include the necessary permits required. Additional costs will be incurred if compensatory storage is needed. Prior to the initiation of work, permits and/or surveys from the appropriate government agencies need to be obtained. For seawalls, a site development permit and a building permit are needed. Costs for permits and surveys can be \$1,000-2,000 for installation of a seawall. Contact the Army Corps of Engineers, local municipality, or the Lake County Planning and Development Department.

# **Option 3: Install Rock Rip-Rap or Gabions**

Rip-rap is the term for using rocks to stabilize shorelines. Size of the rock depends on the severity of the erosion, distance to rock source, and aesthetic preferences. Generally, four to eight inch diameter rocks are used. Gabions are wire cages or baskets filled with rock. They provide similar protection as rip-rap, but are less prone to displacement. They can be stacked, like blocks, to provide erosion control for extremely steep slopes. Both rip-rap and gabions can be incorporated with other erosion control techniques such as plant buffer strips. If any plants will be growing on top of the rip-rap or gabions, fill will probably be needed to cover the rocks and provide an acceptable medium for plants to grow on. Prior to the initiation of work, permits and/or surveys from the appropriate government agencies need to be obtained (see costs below).

### Pros

Rip-rap and gabions can provide good shoreline erosion control. Rocks can absorb some of the wave energy while providing a more aesthetically pleasing appearance than seawalls. If installed properly, rip-rap and gabions will last for many years. Maintenance is relatively low, however, undercutting of the bank can cause sloughing of the rip-rap and subsequent shoreline. Areas with severe erosion problems may benefit from using rip-rap or gabions. In all cases, a filter fabric should be installed under the rocks to maximize its effectiveness.

Fish and wildlife habitat can be provided if large boulders are used. Crevices and spaces between the rocks can be used by a variety of animals and their prey. Small mammals, like shrews can inhabit these spaces in the rock above water and prey upon many invertebrate species, including many harmful garden and lawn pests. Also, small fish may utilize the structure underwater created by large boulders for foraging and hiding from predators.

### Cons

A major disadvantage of rip-rap is the initial expense of installation and associated permits. Installation is expensive since a licensed contractor and heavy equipment are generally needed to conduct the work. Permits are required if replacing existing or installing new rip-rap or gabions and must be acquired prior to work beginning. If any fill material is placed in the floodplain along the shoreline, compensatory storage may also be needed. Compensatory storage is the process of excavating in a portion of a property or floodplain to compensate for the filling in of another portion of the floodplain.

While rip-rap and gabions absorb wave energy more effectively than seawalls, there is still some wave deflection that may cause resuspension of sediment and nutrients into the water column.

Small rock rip-rap is poor habitat for many fish and wildlife species, since it provides limited structure for fish and cover for wildlife. As noted earlier, some small fish and other animals will inhabit the rocks if boulders are used. Smaller rip-rap is more likely to wash away due to rising water levels or wave action. On the other hand, larger boulders are more expensive to haul in and install.

Rip-rap may be a concern in areas of high public usage since it is difficult and possibly dangerous to walk on due to the jagged and uneven rock edges. This may be a liability concern to property owners.

#### Costs

Cost and type of rip-rap used depend on several factors, but average cost for installation (rocks and filter fabric) is approximately \$30-45 per linear foot. Costs for gabions are approximately \$20-30 per linear foot, and approximately \$60-100 per linear foot when filled with rocks. The steeper the slope and severity of erosion, the larger the boulders that will need to be used and thus, higher installation costs. On Fischer Lake, the approximate costs to install rip-rap along the moderately eroded shorelines would be \$47,730 – 71,595, and for the severely eroded shoreline approximately \$83,820 – 125,730. In addition, costs will increase with poor shoreline accessibility and increased distance to rock source. Costs for permits and surveys can be \$1,000-2,000 for installation of rip-rap or gabions, depending on the circumstances. Additional costs will be incurred if compensatory storage is needed. Contact the Army Corps of Engineers, local municipalities, and the Lake County Planning and Development Department.

## **Option 4: Create a Buffer Strip**

Another effective method of controlling shoreline erosion is to create a buffer strip with existing or native vegetation. Native plants have deeper root systems than turfgrass and thus hold soil more effectively. Native plants also provide positive aesthetics and good wildlife habitat. Cost of creating a buffer strip is quite variable, depending on the current state of the vegetation and shoreline and whether vegetation is allowed to become established naturally or if the area needs to be graded and replanted. Allowing vegetation

to naturally propagate the shoreline would be the most cost effective, depending on the severity of erosion and the composition of the current vegetation. Non-native plants or noxious weedy species may be present and should be controlled or eliminated.

Stabilizing the shoreline with vegetation is most effective on slopes no less than 2:1 to 3:1, horizontal to vertical, or flatter. Usually a buffer strip of at least 25 feet is recommended, however, wider strips (50 or even 100 feet) are recommended on steeper slopes or areas with severe erosion problems. Areas where erosion is severe or where slopes are greater than 3:1, additional erosion control techniques may have to be incorporated such as biologs, A-Jacks®, or rip-rap.

Buffer strips can be constructed in a variety of ways with various plant species. Generally, buffer strip vegetation consists of native terrestrial (land) species and emergent (at the land and water interface) species. Terrestrial vegetation such as native grasses and wildflowers can be used to create a buffer strip along lake shorelines. A table in Appendix A gives some examples, seeding rates and costs of grasses and seed mixes that can be used to create buffer strips. Native plants and seeds can be purchased at regional nurseries or from catalogs. When purchasing seed mixes, care should be taken that native plant seeds are used. Some commercial seed mixes contain non-native or weedy species or may contain annual wildflowers that will have to be reseeded every year. If purchasing plants from a nursery or if a licensed contractor is installing plants, inquire about any guarantees they may have on plant survival. Finally, new plants should be protected from herbivory (e.g., geese and muskrats) by placing a wire cage over the plants for at least one year.

A technique that is sometimes implemented along shorelines is the use of willow posts, or live stakes, which are harvested cuttings from live willows (*Salix* spp.). They can be planted along the shoreline along with a cover crop or native seed mix. The willows will resprout and begin establishing a deep root structure that secures the soil. If the shoreline is highly erodible, willow posts may have to be used in conjunction with another erosion control technique such as biologs, A-Jacks ®, or rip-rap.

Emergent vegetation, or those plants that grow in shallow water and wet areas, can be used to control erosion more naturally than seawalls or rip-rap. Native emergent vegetation can be either hand planted or allowed to become established on its own over time. Some plants, such as native cattails (*Typha* sp.), quickly spread and help stabilize shorelines, however they can be aggressive and may pose a problem later. Other species, such as those listed in a table in Appendix A should be considered for native plantings.

On Fischer Lake, the installation of buffer strips is strongly recommended. The areas that are currently lawn, rip-rap and even seawall would benefit from a buffer strip. When possible emergent plants could be incorporated at the land/water interface.

### Pros

Buffer strips can be one of the least expensive means to stabilize shorelines. If no permits or heavy equipment are needed (i.e. no significant earthmoving or filling

is planned), the property owner can complete the work without the need of professional contractors. Once established (typically within 3 years), a buffer strip of native vegetation will require little maintenance and may actually reduce the overall maintenance of the property, since the buffer strip will not have to be continuously mowed, watered, or fertilized. Occasional high mowing (1-2 times per year) for specific plants or physically removing other weedy species may be needed.

The buffer strip will stabilize the soil with its deep root structure and help filter run-off from lawns and agricultural fields by trapping nutrients, pollutants, and sediment that would otherwise drain into the lake. This may have a positive impact on the lake's water quality since there will be less "food" for nuisance algae. Buffer strips can filter as much as 70-95% of sediment and 25-60% of nutrients and other pollutants from runoff.

Another benefit of a buffer strip is potential flood control protection. Buffer strips may slow the velocity of flood waters, thus preventing shoreline erosion. Native plants also can withstand fluctuating water levels more effectively than commercial turfgrass. Many plants can survive after being under water for several days, even weeks, while turfgrass is intolerant of wet conditions and usually dies after several days under water. This contributes to increased maintenance costs, since the turfgrass has to be either replanted or replaced with sod. Emergent vegetation can provide additional help in preserving shorelines and improving water quality by absorbing wave energy that might otherwise batter the shoreline. Calmer wave action will result in less shoreline erosion and resuspension of bottom sediment, which may result in potential improvements in water quality.

Many fish and wildlife species prefer the native shoreline vegetation habitat. This habitat is an asset to the lake's fishery since the emergent vegetation cover may be used for spawning, foraging, and hiding. Various wildlife species are even dependent upon shoreline vegetation for their existence. Certain birds, such as marsh wrens (Cistothorus palustris) and endangered yellow-headed blackbirds (Xanthocephalus xanthocephalus) nest exclusively in emergent vegetation like cattails and bulrushes. Hosts of other wildlife like waterfowl, rails, herons, mink, and frogs to mention just a few, benefit from healthy stands of shoreline vegetation. Dragonflies, damselflies, and other beneficial invertebrates can be found thriving in vegetation along the shoreline as well. Two invertebrates of particular importance for lake management, the water-milfoil weevils (Euhrychiopsis lecontei and Phytobius leucogaster), which have been shown to naturally reduce stands of exotic Eurasian water-milfoil (Myriophyllum spicatum). Weevils need proper over wintering habitat such as leaf litter and mud which are typically found on naturalized shorelines or shores with good buffer strips. Many species of amphibians, birds, fish, mammals, reptiles, and invertebrates have suffered precipitous declines in recent years primarily due to habitat loss. Buffer strips may help many of these species and preserve the important diversity of life in and around lakes.

In addition to the benefits of increased fish and wildlife use, a buffer strip planted with a variety of native plants may provide a season long show of various colors from flowers, leaves, seeds, and stems. This is not only aesthetically pleasing to people, but also benefits wildlife and the overall health of the lake's ecosystem.

### Cons

There are few disadvantages to native shoreline vegetation. Certain species (i.e. cattails) can be aggressive and may need to be controlled occasionally. If stands of shoreline vegetation become dense enough, access and visibility to the lake may be compromised to some degree. However, small paths could be cleared to provide lake access or smaller plants could be planted in these areas.

#### Costs

If minimal amount of site preparation is needed, costs can be approximately \$10 per linear foot, plus labor. Cost of installing willow posts is approximately \$15-20 per linear foot. The labor that is needed can be completed by the property owner in most cases, although consultants can be used to provide technical advice where needed. This cost will be higher if the area needs to be graded. If grading is necessary, appropriate permits and surveys are needed. If filling is required, additional costs will be incurred if compensatory storage is needed. The permitting process is costly, running as high as \$1,000-2,000 depending on the types of permits needed.

# Option 5: Install A-Jacksâ

A-Jacks® are made of two pieces of pre-cast concrete when fitted together resemble a child's playing jacks. These structures are installed along the shoreline and covered with soil and/or an erosion control product. Native vegetation is then planted on the backfilled area. They can be used in areas where severe erosion does not justify a buffer strip alone.

### **Pros**

The advantage to A-Jacks® is that they are quite strong and require low maintenance once installed. In addition, once native vegetation becomes established the A-Jacks® can not be seen. They provide many of the advantages that both rip-rap and buffer strips have. Specifically, they absorb some of the wave energy and protect the existing shoreline from additional erosion. The added benefit of a buffer strip gives the A-Jacks® a more natural appearance, which may provide wildlife habitat and help filter run-off nutrients, sediment, and pollutants. Less run-off entering a lake may have a positive effect on water quality.

## Cons

The disadvantage is that installation cost can be high since labor is intensive and requires some heavy equipment. A-Jacks® need to be pre-made and hauled in

from the manufacturing site. These assemblies are not as common as rip-rap, thus only a limited number of contractors may be willing to do the installation.

## Costs

The cost of installation is approximately \$40-75 per linear foot, but does not include permits and surveys, which can cost \$1,000-2,000 and must be obtained prior to any work implementation. Additional costs will be incurred if compensatory storage is needed. For Fischer Lake, the estimated costs for installation would be \$63,640 - 119,325 for the moderately eroded shoreline and \$111,760 - 209,550 for the severely eroded shoreline.

# Option 6: Install Biolog, Fiber Roll, or Straw Blanket with Plantings

These products are long cylinders of compacted synthetic or natural fibers wrapped in mesh. The rolls are staked into shallow water. Once established, a buffer strip of native plants can be planted along side or on top of the roll (depending if rolls are made of synthetic or natural fibers). They are most effective in areas where plantings alone are not effective due to already severe erosion. In areas of severe erosion, other techniques may need to be employed or incorporated with these products.

# **Pros**

Biologs, fiber rolls, and straw blankets provide erosion control that secure the shoreline in the short-term and allow native plants to establish which will eventually provide long-term shoreline stabilization. They are most often made of bio-degradable materials, which break down by the time the natural vegetation becomes established (generally within 3 years). They provide additional strength to the shoreline, absorb wave energy, and effectively filter run-off from terrestrial sources. These factors help improve water quality in the lake by reducing the amount of nutrients available for algae growth and by reducing the sediment that flows into a lake.

## Cons

These products may not be as effective on highly erodible shorelines or in areas with steep slopes, as wave action may be severe enough to displace or undercut these products. On steep shorelines grading may be necessary to obtain a 2:1 or 3:1 slope or additional erosion control products may be needed. If grading or filling is needed, the appropriate permits and surveys will have to be obtained.

## Costs

Costs range from \$25 to \$35 per linear foot of shoreline, including plantings. This does not include the necessary permits and surveys, which may cost \$1,000 – 2,000 depending on the type of earthmoving that is being done. Additional costs may be incurred if compensatory storage is needed.

## **Objective VI: Eliminate or Control Exotic Species**

Numerous exotic plant species have been introduced into our local ecosystems. Some of these plants are aggressive, quickly out-competing native vegetation and flourishing in an environment where few natural predators exist. Plants such as purple loosestrife (*Lythrum salicaria*), buckthorn (*Rhamnus cathartica*), and reed canary grass (*Phalaris arundinacea*) are three examples. The outcome is a loss of plant and animal diversity. This section will address terrestrial shoreline exotic species.

Purple loosestrife is responsible for the "sea of purple" seen along roadsides and in wetlands during summer. It can quickly dominate a wetland or shoreline. Due in part to an extensive root system, large seed production (estimates range from 100,000 to 2.7 million seeds per plant), and high seed germination rate, purple loosestrife spreads quickly. Buckthorn is an aggressive shrub species that grows along lake shorelines as well as most upland habitats. It shades out other plants and is quick to become established on disturbed soils. Reed canary grass is an aggressive plant that if left unchecked will dominate an area, particularly a wetland or shoreline, in a short period of time. Since it begins growing early in the spring, it quickly out-competes native vegetation that begins growth later in the year. Control of purple loosestrife, buckthorn, and reed canary grass are discussed below. However, these control measures can be similarly applied to other exotic species such as garlic mustard (*Allilaria officianalis*) or honeysuckle (*Lonicera* spp.) as well as some aggressive native species, such as box elder (*Acer negundo*).

Presence of exotic species along a lakeshore is by no means a death sentence for the lake or other plant and animal life. If controlled, many exotic species can perform many of the original functions that they were brought here for. For example, reed canary grass was imported for its erosion control properties. It still contributes to this objective (offering better erosion control than commercial turfgrass), but needs to be isolated and kept in control. Many exotics are the result of garden or ornamental plants escaping into the wild. One isolated plant along a shoreline will probably not create a problem by itself. However, problems arise when plants are left to spread, many times to the point where treatment is difficult or cost prohibitive. A monitoring program should be established, problem areas identified, and control measures taken when appropriate. This is particularly important in remote areas of lake shorelines where the spread of exotic species may go unnoticed for some time.

# **Option 1: No Action**

No control will likely result in the expansion of the exotic species and the decline of native species. This option is not recommended if possible.

### Pros

There are few advantages with this option. Some of the reasons exotics were brought into this country are no longer used or have limited use. However, in some cases having an exotic species growing along a shoreline may actually be preferable if the alternative plant is commercial turfgrass. Since turfgrass has shallow roots and is prone to erosion along shorelines, exotics like reed canary

grass or common reed (*Phragmites australis*) will control erosion more effectively. Native plants should take precedent over exotics when possible. A table in Appendix A lists several native plants that can be planted along shorelines.

### Cons

Native plant and wildlife diversity will be lost as stands of exotic species expand. Exotic species are not under the same stresses (particularly diseases and predators) as native plants and thus can out-compete the natives for nutrients, space, and light. Few wildlife species use areas where exotic plants dominate. This happens because many wildlife species either have not adapted with the plants and do not view them as a food resource, the plants are not digestible to the animal, or their primary food supply (i.e., insects) are not attracted to the plants. The result is a monoculture of exotic plants with limited biodiversity.

Recreational activities, especially wildlife viewing, may be hampered by such monocultures. Access to lake shorelines may be impaired due to dense stands of non-native plants. Other recreational activities, such as swimming and boating, may not be effected.

# Costs

Costs with this option are zero initially, however, when control is eventually needed, costs will be substantially more than if action was taken immediately. Additionally, the eventual loss of ecological diversity is difficult to calculate financially.

# **Option 2: Biological Control**

Biological control (bio-control) is a means of using natural relationships already in place to limit, stop, or reverse an exotic species' expansion. In most cases, insects that prey upon the exotic plants in its native ecosystem are imported. Since there is a danger of bringing another exotic species into the ecosystem, state and federal agencies require testing before any bio-control species are released or made available for purchase.

Recently two beetles (*Galerucella pusilla* and *G. calmariensis*) and two weevils (*Hylobius transversovittatus* and *Nanophyes marmoratus*) have offered some hope to control purple loosestrife by natural means. These insects feed on either the leaves or juices of purple loosestrife, eventually weakening or killing the plant. In large stands of loosestrife, the beetles and weevils naturally reproduce and in many locations, significantly retard plant densities. The insects are host specific, meaning that they will attack no other plant but purple loosestrife. Currently, the beetles have proven to be most effective and are available for purchase. There are no designated stocking rate recommendations, since using bio-control insects are seen as an inoculation and it may take 3-5 years for beetle populations to increase to levels that will cause significant damage. Depending on the size of the infested area, it may take 1,000 or more adult beetles per acre to cause significant damage.

#### Pros

Control of exotics by a natural mechanism if preferable to chemical treatments. Insects, being part of the same ecological system as the exotic (i.e., the beetles and weevils and the purple loosestrife) are more likely to provide long-term control. Chemical treatments are usually non-selective while bio-control measures target specific plant species. This technique is beneficial to the ecosystem since it preserves, even promotes, biodiversity. As the exotic dies back, native vegetation can reestablish the area.

### Cons

Few exotics can be controlled using biological means. Currently, there are no biocontrol techniques for plants such as buckthorn, reed canary grass, or a host of other exotics. One of the major disadvantages of using bio-control is the costs and labor associated with it.

Use of biological mechanisms to control plants such as purple loosestrife is still under debate. Similar to purple loosestrife, the beetles and weevils that control it are not native to North America. Due to the poor historical record of introducing non-native species, even to control other non-native species, this technique has its critics.

#### Costs

The New York Department of Natural Resources at Cornell University (607-255-2821) sells overwintering adult beetles (which will lay eggs the year of release) for \$2 per beetle and new generation beetles (which will lay eggs beginning the following year) at \$0.25 per beetle. Some beetles may be available for free by contacting the Illinois Natural History Survey (217-333-6846).

### **Option 3: Control by Hand**

Controlling exotic plants by hand removal is most effective on small areas (< 1 acre) and if done prior to heavy infestation. Some exotics, such as purple loosestrife and reed canary grass, can be controlled to some degree by digging, cutting, or mowing if done early and often during the year. Digging may be required to ensure the entire root mass is removed. Spring or summer is the best time to cut or mow, since late summer and fall is when many of the plant seeds disperse. Proper disposal of excavated plants is important since seeds may persist and germinate even after several years. Once exotic plants are removed, the disturbed ground should be planted with native vegetation and closely monitored. Many exotic species, such as purple loosestrife, buckthorn, and garlic mustard are proficient at colonizing disturbed sites.

Around Fischer Lake, this option may only be practical for small areas of infestation such as small patches of purple loosestrife or buckthorn. Most of the southern and southwestern shoreline consists of extensive stands of exotics plants and are best removed by another technique.

#### Pros

Removal of exotics by hand eliminates the need for chemical treatments. Costs are low if stands of plants are not too large already. Once removed, control is simple with yearly maintenance. Control or elimination of exotics preserves the ecosystem's biodiversity. This will have positive impacts on plant and wildlife presence as well as some recreational activities.

#### Cons

This option may be labor intensive or prohibitive if the exotic plant is already well established. Costs may be high if large numbers of people are needed to remove plants. Soil disturbance may introduce additional problems such as providing a seedbed for other non-native plants that quickly establish disturbed sites, or cause soil-laden run-off to flow into nearby lakes or streams. In addition, a well-established stand of an exotic like purple loosestrife or reed canary grass may require several years of intense removal to control or eliminate.

### Costs

Cost for this option is primarily in tools, labor, and proper plant disposal.

## **Option 4: Herbicide Treatment**

Chemical treatments can be effective at controlling exotic plant species. However, chemical treatment works best on individual plants or small areas already infested with the plant. In some areas where individual spot treatments are prohibitive or unpractical (i.e., large expanses of a wetland or woodland), chemical treatments may not be an option due to the fact that in order to chemically treat the area a broadcast application would be needed. Since many of the herbicides that are used are not selective, meaning they kill all plants they contact; this may be unacceptable if native plants are found in the proposed treatment area.

Herbicides are commonly used to control nuisance shoreline vegetation such as buckthorn and purple loosestrife. Herbicides are applied to green foliage or cut stems. Products are applied by either spraying or wicking (wiping) solution on plant surfaces. Spraying is used when large patches of undesirable vegetation are targeted. Herbicides are sprayed on growing foliage using a hand-held or backpack sprayer. Wicking is used when selected plants are to be removed from a group of plants. The herbicide solution is wiped on foliage, bark, or cut stems using a herbicide soaked device. Trees are normally treated by cutting a ring in the bark (called girdling). Herbicides are applied onto the ring at high concentrations. Other devices inject the herbicide through the bark. It is best to apply herbicides when plants are actively growing, such as in the late spring/early summer, but before formation of seed heads. Herbicides are often used in conjunction with other methods, such as cutting or mowing, to achieve the best results. Proper use of these products is critical to their success. Always read and follow label directions.

## **Pros**

Herbicides provide a fast and effective way to control or eliminate nuisance vegetation. Unlike other control methods, herbicides kill the root of the plant,

which prevents regrowth. If applied properly, herbicides can be selective. This allows for removal of selected plants within a mix of desirable and undesirable plants.

## Cons

Since most herbicides are non-selective, they are not suitable for broadcast application. Thus, chemical treatment of large stands of exotic species may not be practical. Native species are likely to be killed inadvertently and replaced by other non-native species. Off target injury/death may result from the improper use of herbicides. If herbicides are applied in windy conditions, chemicals may drift onto desirable vegetation. Care must also be taken when wicking herbicides as not to drip on to non-targeted vegetation such as native grasses and wildflowers. Another drawback to herbicide use relates to their ecological soundness and the public perception of them. Costs may also be prohibitive if plant stands are large. Depending on the device, cost of the application equipment can be high.

### Costs

Two common herbicides, triclopyr (sold as Garlon™) and glyphosate (sold as Rodeo®, Round-up™, Eagre™, or AquaPro™), cost approximately \$100 and \$65 per gallon, respectively. Only Rodeo® is approved for water use. A Hydrohatchet®, a hatchet that injects herbicide through the bark, is about \$300.00. Another injecting device, E-Z Ject® is \$450.00. Hand-held and backpack sprayers costs from \$25-\$45 and \$80-150, respectively. Wicking devices are \$30-40.

## Objective VII: Canada Geese (Branta canadensis) Control

Canada geese are migratory waterfowl common throughout North America. Geese in urban areas can be undesirable primarily due to the large amount of feces they leave behind. Recreational activities on lawns and parks are impeded due to goose feces. Large amounts of feces may end up in the water, either directly from geese on the water or rainwater runoff from lawns where feces have accumulated. Goose feces is high in organic phosphorus. High nutrient levels, particularly phosphorus, can contribute to excessive algae growth in lakes. This may inhibit other recreational activities such as boating or swimming, as well as create poor habitat for fish and wildlife, and possibly bad odors when the algae decays.

Geese become problematic for many reasons. They seek locations that have open water, adequate food supplies, and safety from predators. If these factors are present, geese may not migrate. Since geese exhibit a high level of site fidelity, they return to (or stay at) the same area each year. Thus, adults will likely come back to the same area year after year to nest. If conditions remain optimal, one pair of geese can quickly multiply causing additional problems. Increased development in Lake County has inadvertently created ideal habitat for goose populations. Manicured lawns mowed to the edge of lakes and detention ponds provide geese with open areas with ample food and security. Other conditions that encourage goose residency include open water during winter (primarily the result of aerators in lakes and ponds), mild winters, and people feeding birds with bread or similar human food.

Large populations of geese pose a potential disease threat both to resident and wild populations of waterfowl. This problem may be more serious in residential populations since these birds stay in one area for long periods of time are more likely to transmit any disease to neighboring groups of geese. There is no threat of disease transmission to humans or domestic dogs and cats since most of the diseases are specific to birds.

## **Option 1: No Action**

### Pros

This option has no costs, however, increasing numbers of geese will most likely exacerbate existing problems and probably create new ones, which in the future may cost more than if the problems are addressed immediately.

## Cons

If current conditions continue and no action is taken, numbers of Canada Geese and problems associated with them will likely increase. An increase of goose feces washed into a lake will increase the lake's nutrient load and eventually may have a detrimental impact on water quality through excessive algae growth. One study (Manny et al. 1975) documented that each goose excretes 0.072 lbs of feces per day. This may not seem like a significant amount, but if 100 geese are present (many lakes in the county can experience 1,000 or more at a time) that equates to over 7 lbs of feces per day! Algae blooms may negatively impact recreational

uses such as swimming, boating, and fishing. In addition, when algae dies, odor problems and depleted oxygen levels in the water occur. Increased numbers of geese may also result in overgrazed areas of grass.

## Costs

There are a few short-term financial costs with this option. Costs of cleaning feces off lawns or piers are probably more psychological or physical than financial. Long-term costs may be more indirect, including increased nutrient deposition into lakes which may promote excessive algae and plants. Costs incurred may include money needed to control algae with algaecides.

# **Option 2: Removal**

Since Canada Geese are considered migratory waterfowl, both state and federal laws restrict taking or harassing geese. Under the federal Migratory Bird Treaty Act, it is illegal to kill or capture geese outside a legal hunting season or to harass their nests without a permit. If removal of problematic geese is warranted or if nest and egg destruction is an option, permits need to be obtained from the Illinois Department of Natural Resources (217-782-6384) and the U.S. Fish and Wildlife Service (217-241-6700).

Hunting is one of the most effective techniques used in goose management. However, since many municipalities have ordinances prohibiting the discharge of firearms, reduction of goose numbers by hunting in urban areas (i.e., lakes, ponds, and parks) may not be an option. Hunting does occur on many lakes in the county, but certain regulations apply (e.g., 100 yard minimum distance from any residential property). Contact the Illinois Department of Natural Resources for dates and regulations regarding the waterfowl hunting seasons. Also, contact local and county law enforcement agencies regarding any ordinances concerning hunting within municipal boundaries.

Egg addling, or destroying the egg by shaking, piercing, or freezing, can be used to reduce or eliminate a successful clutch. Eggs should be returned to the nest so the hen goose does not re-lay another clutch. However, if no eggs hatch, she may still lay another clutch. Leaving one or two eggs unaltered and allowing them to hatch may prevent another clutch from being laid and reduces the total year's reproduction. Egg addling requires a state and federal permit.

The capture and relocation of geese is no longer a desirable option. First, relocated geese may return to the same location where they were captured. Second, there is a concern over potential disease transmission from relocated geese to other goose populations. Finally, since goose numbers in Illinois are already high there is no need to supplement other populations in the area.

#### Pros

Removing a significant portion of a problem goose population can have a positive effect on the overall health of a lake. Reduction of feces on lawns and parks is beneficial to recreation users of all types. Less feces in the water means less

phosphorus available for nuisance plant and algae growth. Thus, the overall water quality of the lake may be improved by this reduction in phosphorus.

## Cons

If the habitat conditions still exist, more geese will likely replace any that were removed. Thus, money and time used removing geese may not be well spent unless there is a change in habitat conditions.

### Costs

A Illinois residential waterfowl hunting license (including state and federal waterfowl stamps) is \$39.00 for the 2001-2002 hunting season. For depredation permits, there is a \$25 fee for the federal permit. Once the federal permit is issued the state permit can be obtained at no charge.

# **Option 3: Dispersal/Repellent Techniques**

Several techniques and products are on the market that claim to disperse or deter geese from using an area. These techniques can be divided into two categories: harassment and chemical. With both types of techniques it is important to implement any action early in the season, before geese establish territories and begin nesting. Once established, the dispersal/repellant techniques may be less effective and geese more difficult to coerce into leaving.

The goal with harassment techniques is to frighten geese from an area using sounds or objects. Various products are available that simulate natural predators (i.e., plastic hawks and owls) or otherwise make geese nervous (i.e., balloons, shiny tape, and flags). Other products emit noises, such as propane cannons, which can be set on a timer to go off at programmed intervals (e.g., every 20-30 seconds), or recorded goose distress calls which can be played back over a loudspeaker or tape player. Over time these techniques may be ineffective, since geese become acclimated to these devices. Most of these products are more effective when used in combination with other techniques.

Another technique that has become popular is using dogs or swans to harass geese. Dogs can be used primarily in the spring and fall to keep birds from using an area by herding or chasing geese away from a particular area. Any dogs used for this purpose should be well trained and under the owners control at all times. Professional trainers can be contracted to use their dogs for this purpose. Dogs should not be used during the summer when geese are unable to fly due to molting. Swans are used because they are naturally aggressive in defending their territory, including chasing other waterfowl away from their nesting area. Since wild swans cannot be used for this technique, non-native mute swans are used. However, mute swans are not as aggressive and in some case are permissive of geese. Again, using a combination of techniques would be most effective.

Chemical repellents can be used with some effectiveness. New products are continually coming out that claim to rid an area of nuisance geese. Several products (ReJeX-iT® and GooseChase<sup>TM</sup>) are made from methyl-anthranilate, a natural occurring compound, and can be sprayed on areas where geese are feeding. The spray makes the grass distasteful

and forces geese to move elsewhere to feed. Another product, Flight Control™, works similarly, but has the additional benefit of absorbing ultra violet light making the grass appear as if it was not a food source. The sprays need to be reapplied every 14-30 days, depending upon weather conditions and mowing frequency.

### Pros

With persistence, harassment and/or use of repellants can result in reduced or minimal usage of an area by geese. Fewer geese may mean less feces and cleaner yards and parks, which may increase recreational uses along shorelines. If large numbers of geese were once present, the reduction of fecal deposits into the lake may help minimize the amount of phosphorus entering the water. Less phosphorus in the water means less "food" available for plant and algae growth, which may have a positive effect of water quality. Finally, any areas overgrazed by geese may have a chance to recover.

### Cons

The effectiveness of harassment techniques is reduced over time since geese will adapt to the devices. However, their effectiveness can be extended if the devices are moved to different locations periodically, or used in conjunction with other techniques.

Use of dogs can be time consuming, since the dog must be trained and taken care of. Dogs must also be used frequently in the beginning of the season to be effective at deterring geese. This requires time of the dog owner as well. Dogs (frequently herding dogs, like border collies) that are effective at harassing or herding geese are typically may not be the best pests for the average homeowner. They are bred as working dogs and consequently have high levels of energy that requires the owner's attention.

Repelling or chasing away geese from an area only solves the goose problem for that area and most likely moves the geese (and the problem) to another area. As long as there is suitable habitat nearby, the geese will not wander very far.

### Costs

Costs for the propane cannons are approximately \$660 (\$360 for the cannon, \$300 for a timer), not including the propane tank. The cost of ReJeX-iT® is \$70/gallon, GooseChase™ is \$92/gallon, and Flight Control™ costs \$200/gallon. One gallon covers one acre of turf using ReJeX-iT® and, GooseChase™, and two acres using Flight Control™.

# **Option 4: Exclusion**

Erecting a barrier to exclude geese is another option. In addition to a traditional wood or wire fence, an effective exclusion control is to suspend netting over the area where geese are unwanted. Geese are reluctant to fly or walk into the area. A similar deterrent that is often used is a single string or wire suspended a foot or so above the ground along the length of the shoreline.

### Pros

Depending on the type of barrier used, areas of exclusion will have less fecal mess and may have higher recreational uses. Vegetation that was overgrazed by geese may also be able to recover.

### Cons

This technique will not be effective if the geese are using a large area. Also, use of the area by people is severely limited if netting is installed. Fences can also limit recreational uses. The single string or wire method may be effective at first, but geese often learn to go around, over, or under the string after a short period of time. Finally, excluding geese from one area will force them to another area on a different part of the same lake or another nearby lake. While this solves one property owners problem, it creates one (or makes one worse) for another. Also, problems associated with excess feces entering the lake (i.e., increased phosphorus levels) will continue.

### Costs

The costs of these techniques are minimal, unless a wood or wire fence is constructed. String, wire, or netting can be purchased or made from materials at local stores.

## **Option 5: Habitat Alteration**

One of the best methods to deter geese from using an area is through habitat alteration. Habitats that consist of mowed turfgrass to the edge of the shoreline are ideal for geese. Low vegetation near the water allows geese to feed and provides a wide view with which to see potential predators. In general, geese do not favor habitats with tall vegetation. To achieve this, create a buffer strip (approximately 10-20 feet wide) between the shoreline and any mowed lawn. Planting natural shoreline vegetation (i.e., bulrushes, cattails, rushes, grasses, shrubs, and trees, etc.) or allowing the vegetation to establish naturally can create buffer strips. A table in Appendix A has a list of native plants, seeding rates, and approximate costs that can be used when creating buffer strips.

Geese prefer ponds and lakes that have shorelines with gentle slopes to ones with steep slopes. While this alone will not prevent geese from using an area, steeper slopes used along with other techniques will be more effective. This option may not be practical for existing lake shorelines since any grading and/or filling would require permits and surveys, which would drive up the costs of redoing the shoreline considerably.

Aeration systems that run into the fall and winter prevent the lake from freezing, thus not forcing geese to migrate elsewhere. To alleviate this problem, turn aerators off during fall and early winter. Once the lake freezes over and the geese have left, wait a few weeks before turning the aerators on again if needed.

#### Pros

Altering the habitat in an area can not only make the habitat less desirable for geese, but may be more desirable for many other species of wildlife. A buffer strip has additional benefits by filtering run-off of nutrients, sediments, and pollutants and protecting the shoreline from erosion from wind, wave, or ice action. Finally, the more of the area that is in natural vegetation, the less turfgrass that needs to be constantly manicured and maintained.

### Cons

Converting a portion or all of an area to tall grass or shrub habitat may reduce the lake access or visibility. However, if this occurs, a small path can be made to the lake or shorter plants may be used at the access location in the buffer strip.

#### Costs

If minimal amount of site preparation is needed to create a buffer strip, costs can be approximately \$10 per linear foot, plus labor. The labor that is needed can be completed by the property owner in most cases, although consultants can be used to provide technical advice where needed. This cost will be higher if the area needs to be graded. If grading is necessary, appropriate permits and surveys are needed. If filling is required, additional costs will be incurred if compensatory storage is needed. Compensatory storage is the process of excavating in a portion of a property or floodplain to compensate for the filling in of another portion of the floodplain. The permitting process is costly, running as high as \$1,000-2,000 depending on the types of permits needed.

Once established, a buffer strip of native plants needs little maintenance. If aerators are not run for several months, there will be a reduction in electrical costs.

# **Option 6: Do Not Feed Waterfowl!**

There are few "good things", if any, that come from feeding waterfowl. Birds become dependent on handouts, become semi-domesticated, and do not migrate. This causes populations to increase and concentrate, which may create additional problems such as diseases within waterfowl populations. The nutritional value in many of the "foods" (i.e., white bread) given to geese and other waterfowl are quite low. Since geese are physiologically adapted to eat a variety of foods, they can actually be harmed by filling-up on human food. Geese that are accustom to hand feeding may become aggressive toward other geese or even the people feeding the geese.

## Costs

There are no costs to this option, except the public education that is needed to encourage people not to feed waterfowl. In some cases, signs could be posted to discourage waterfowl feeding.

# **Reference:**

Manny, B. A., R. G. Wetzel, and W. C. Johnson. 1975. Annual contribution of carbon, nitrogen, and phosphorus by migrant Canada geese to a hardwater lake. Verh. Internat. Verein. Limnol. 19:949-951.

## **Objective VIII: Enhance Wildlife Habitat Conditions**

The key to increasing wildlife species in and around a lake can be summed up in one word: habitat. Wildlife need the same four things all living creatures need: food, water, shelter, and a place to raise their young. Since each wildlife species has specific habitat requirements, which fulfill these four basic needs, providing a variety of habitats will increase the chance that wildlife species may use an area. Groups of wildlife are often associated with the types of habitats they use. For example, grassland habitats may attract wildlife such as northern harriers, bobolinks, meadowlarks, meadow voles, and leopard frogs. Marsh habitats may attract yellow-headed blackbirds and sora rails, while manicured residential lawns attract house sparrows and gray squirrels. Thus, in order to attract a variety of wildlife, a mix of habitats are needed. In most cases quality is more important than quantity (i.e., five 0.1-acre plots of different habitats may not attract as many wildlife species than one 0.5 acre of one habitat type).

It is important to understand that the natural world is constantly changing. Habitats change or naturally succeed to other types of habitats. For example, grasses may be succeeded by shrub or shade intolerant tree species (e.g., willows, locust, and cottonwood). The point at which one habitat changes to another is rarely clear, since these changes usually occur over long periods of time, except in the case of dramatic events such as fire or flood.

In all cases, the best wildlife habitats are ones consisting of native plants. Unfortunately, non-native plants dominate many of our lake shorelines. Many of them escaped from gardens and landscaped yards (i.e., purple loosestrife) while others were introduced at some point to solve a problem (i.e., reed canary grass for erosion control). Wildlife species prefer native plants for food, shelter, and raising their young. In fact, one study showed that plant and animal diversity was 500% higher along naturalized shorelines compared to shorelines with conventional lawns (University of Wisconsin – Extension, 1999).

# **Option 1: No Action**

This option means that the current land use activities will continue. No additional techniques will be implemented. Allowing a field to go fallow or not mowing a manicured lawn would be considered an action.

#### Pros

Taking no action may maintain the current habitat conditions and wildlife species present, depending on environmental conditions and pending land use actions. If all things remain constant there will be little to no effect on lake water quality and other lake uses.

## Cons

If environmental conditions change or substantial land use actions occur (i.e., development) wildlife use of the area may change. For example, if a new housing development with manicured lawns and roads is built next to an undeveloped property, there will probably be a change in wildlife present.

Conditions in the lake (i.e., siltation or nutrient loading) may also change the composition of aquatic plant and invertebrate communities and thus influence biodiversity. Siltation and nutrient loading will likely decrease water clarity, increase turbidity, increase algal growth (due to nutrient availability), and decrease habitat for fish and wildlife.

#### Costs

The financial cost of this option may be zero. However, due to continual loss of habitats many wildlife species have suffered drastic declines in recent years. The loss of habitat effects the overall health and biodiversity of the lake's ecosystems.

# **Option 2: Increase Habitat Cover**

This option can be incorporated with Option 3 (see below). One of the best ways to increase habitat cover is to leave a minimum 25 foot buffer between the edge of the water and any mowed grass. Allow native plants to grow or plant native vegetation along shorelines, including emergent vegetation such as cattails, rushes, and bulrushes (see the table in Appendix A for costs and seeding rates). This will provide cover from predators and provide nesting structure for many wildlife species and their prey. It is important to control or eliminate non-native plants such as buckthorn, purple loosestrife, garlic mustard, and reed canary grass, since these species outcompete native plants and provide little value for wildlife.

Occasionally high mowing (with the mower set at its highest setting) may have to be done for specific plants, particularly if the area is newly established, since competition from weedy and exotic species is highest in the first couple years. If mowing, do not mow the buffer strip until after July 15 of each year. This will allow nesting birds to complete their breeding cycle.

Brush piles make excellent wildlife habitat. They provide cover as well as food resources for many species. Brush piles are easy to create and will last for several years. They should be place at least 10 feet away from the shoreline to prevent any debris from washing into the lake.

Trees that have fallen on the ground or into the water are beneficial by harboring food and providing cover for many wildlife species. In a lake, fallen trees provide excellent cover for fish, basking sites for turtles, and perches for herons and egrets.

Increasing habitat cover should not be limited to the terrestrial environment. Native aquatic vegetation, particularly along the shoreline, can provide cover for fish and other wildlife.

#### Pros

Increased cover will lead to increased use by wildlife. Since cover is one of the most important elements required by most species, providing cover will increase the chances of wildlife using the shoreline. Once cover is established, wildlife

usually have little problem finding food, since many of the same plants that provide cover also supply the food the wildlife eat, either directly (seeds, fruit, roots, or leaves) or indirectly (prey attracted to the plants).

Additional benefits of leaving a buffer include: stabilizing shorelines, reducing runoff which may lead to better water quality, and deterring nuisance Canada geese. Shorelines with erosion problems can benefit from a buffer zone because native plants have deeper root structures and hold the soil more effectively than conventional turfgrass. Buffers also absorb much of the wave energy that batters the shoreline. Water quality may be improved by the filtering of nutrients, sediment, and pollutants in run-off. This has a "domino effect" since less run-off flowing into a lake means less nutrient availability for nuisance algae, and less sediment means less turbidity, which leads to better water quality. All this is beneficial for fish and wildlife, such as sight-feeders like bass and herons, as well as people who use the lake for recreation. Finally, a buffer strip along the shoreline can serve as a deterrent to Canada geese from using a shoreline. Canada geese like flat, open areas with a wide field of vision. Ideal habitat for them are areas that have short grass up to the edge of the lake. If a buffer is allowed to grow tall, geese may choose to move elsewhere.

#### Cons

There are few disadvantages to this option. However, if vegetation is allowed to grow, lake access and visibility may be limited. If this occurs, a small path can be made to the shoreline. Composition and density of aquatic and shoreline vegetation are important. If vegetation consists of non-native species such as or Eurasian water milfoil or purple loosestrife, or in excess amounts, undesirable conditions may result. A shoreline with excess exotic plant growth may result in a poor fishery (exhibited by stunted fish) and poor recreation opportunities (i.e., boating, swimming, or wildlife viewing).

## Costs

The cost of this option would be minimal. The purchase of native plants can vary depending upon species and quantity. Based upon 100 feet of shoreline, a 25-foot buffer planted with a native forb and grass seed mix would cost between \$165-270 (2500 sq. ft. would require 2.5, 1000 sq. ft. seed mix packages at \$66-108 per package). This does not include labor that would be needed to prepare the site for planting and follow-up maintenance. This cost can be reduced or minimized if native plants are allowed to grow. However, additional time and labor may be needed to insure other exotic species, such as buckthorn, reed canary grass, and purple loosestrife, do not become established.

### **Option 3: Increase Natural Food Supply**

This can be accomplished in conjunction with Option 2. Habitats with a diversity of native plants will provide an ample food supply for wildlife. Food comes in a variety of forms, from seeds to leaves or roots to invertebrates that live on or are attracted to the plants. Plants found in the table in Appendix A should be planted or allowed to grow. In

addition, encourage native aquatic vegetation, such as water lily(*Nuphar* spp. and *Nymphaea tuberosa*), sago pondweed (*Stuckenia pectinatus*), largeleaf pondweed (*Potamogeton amplifolius*), and wild celery (*Vallisneria americana*) to grow. Aquatic plants such as these are particularly important to waterfowl in the spring and fall, as they replenish energy reserves lost during migration.

Providing a natural food source in and around a lake starts with good water quality. Water quality is important to all life forms in a lake. If there is good water quality, the fishery benefits and subsequently so does the wildlife (and people) who prey on the fish. Insect populations in the area, including beneficial predatory insects, such as dragonflies, thrive in lakes with good water quality.

Dead or dying plant material can be a source of food for wildlife. A dead standing or fallen tree will harbor good populations of insects for woodpeckers, while a pile of brush may provide insects for several species of songbirds such as warblers and flycatchers.

Supplying natural foods artificially (i.e., birdfeeders, nectar feeders, corn cobs, etc.) will attract wildlife and in most cases does not harm the animals. However, "people food" such as bread should be avoided. Care should be given to maintain clean feeders and birdbaths to minimize disease outbreaks.

#### Pros

Providing food for wildlife will increase the likelihood they will use the area. Providing wildlife with natural food sources has many benefits. Wildlife attracted to a lake can serve the lake and its residents well, since many wildlife species (i.e., many birds, bats, and other insects) are predators of nuisance insects such as mosquitoes, biting flies, and garden and yard pests (such as certain moths and beetles). Effective natural insect control eliminates the need for chemical treatments or use of electrical "bug zappers" that have limited effect on nuisance insects.

Migrating wildlife can be attracted with a natural food supply, primarily from seeds, but also from insects, aquatic plants or small fish. In fact, most migrating birds are dependent on food sources along their migration routes to replenish lost energy reserves. This may present an opportunity to view various species that would otherwise not be seen during the summer or winter.

### Cons

Feeding wildlife can have adverse consequences if populations become dependent on hand-outs or populations of wildlife exceed healthy numbers. This frequently happens when people feed waterfowl like Canada geese or mallard ducks. Feeding these waterfowl can lead to a domestication of these animals. As a result, these birds do not migrate and can contribute to numerous problems, such as excess feces, which is both a nuisance to property owners and a significant contribution to the lake's nutrient load. Waterfowl feces are particularly high in phosphorus. Since phosphorus is generally the limiting factor for nuisance algae

growth in many lakes in the Midwest, the addition of large amounts of this nutrient from waterfowl may exacerbate a lake's excessive algae problem. In addition, high populations of birds in an area can increase the risk of disease for not only the resident birds, but also wild bird populations that visit the area.

Finally, tall plants along the shoreline may limit lake access or visibility for property owners. If this occurs, a path leading to the lake could be created or shorter plants may be used in the viewing area.

### Costs

The costs of this option are minimal. The purchase of native plants and food and the time and labor required to plant and maintain would be the limit of the expense.

# **Option 4: Increase Nest Availability**

Wildlife are attracted by habitats that serve as a place to raise their young. Habitats can vary from open grasslands to closed woodlands (similar to Options 2 and 3).

Standing dead or dying trees provide excellent habitat for a variety of wildlife species. Birds such as swallows, woodpeckers, and some waterfowl need dead trees to nest in. Generally, a cavity created and used by a woodpecker (e.g., red-headed or downy woodpecker, or common flicker) in one year, will in subsequent years be used by species like tree swallows or chickadees. Over time, older cavities may be large enough for waterfowl, like wood ducks, or mammals (e.g., flying squirrels) to use. Standing dead trees are also favored habitat for nesting wading birds, such as great blue herons, night herons, and double-crested cormorants, which build stick nests on limbs. For these birds, dead trees in groups or clumps are preferred as most herons and cormorants are colonial nesters.

In addition to allowing dead and dying trees to remain, erecting bird boxes will increase nesting sites for many bird species. Box sizes should vary to accommodate various species. Swallows, bluebirds, and other cavity nesting birds can be attracted to the area using small artificial nest boxes. Larger boxes will attract species such as wood ducks, flickers, and owls. A colony of purple martins can be attracted with a purple martin house, which has multiple cavity holes, placed in an open area near water.

Bat houses are also recommended for any area close to water. Bats are voracious predators of insects and are naturally attracted to bodies of water. They can be enticed into roosting in the area by the placement of bat boxes. Boxes should be constructed of rough non-treated lumber and placed >10 feet high in a sunny location.

## **Pros**

Providing places were wildlife can rear their young has many benefits. Watching wildlife raise their young can be an excellent educational tool for both young and old.

The presence of certain wildlife species can help in controlling nuisance insects like mosquitoes, biting flies, and garden and yard pests. This eliminates the need for chemical treatments or electric "bug zappers" for pest control.

Various wildlife species populations have dramatically declined in recent years. Since, the overall health of ecosystems depend, in part, on the role of many of these species, providing sites for wildlife to raise their young will benefit not only the animals themselves, but the entire lake ecosystem.

#### Cons

Providing sites for wildlife to raise their young have few disadvantages. Safety precautions should be taken with leaving dead and dying trees due to the potential of falling limbs. Safety is also important when around wildlife with young, since many animals are protective of their young. Most actions by adult animals are simply threats and are rarely carried out as attacks.

Parental wildlife may chase off other animals of its own species or even other species. This may limit the number of animals in the area for the duration of the breeding season.

### Costs

The costs of leaving dead and dying trees are minimal. The costs of installing the bird and bat boxes vary. Bird boxes can range in price from \$10-100.00. Purple martin houses can cost \$50-150. Bat boxes range in price from \$15-50.00. These prices do not include mounting poles or installation.

# **Option 5: Limit Disturbance**

Since most species of wildlife are susceptible to human disturbance, any action to curtail disturbances will be beneficial. Limiting disturbance can include posting signs in areas of the lake where wildlife may live (e.g., nesting waterfowl), establish a "no wake" area, boat horsepower or speed limits, or establish restricted boating hours. These are examples of time and space zoning for lake usage. Enforcement and public education are needed if this option is to be successful. In some areas, off-duty law enforcement officers can be hired to patrol the lake.

#### Pros

Limiting disturbance will increase the chance that wildlife will use the lake, particularly for raising their young. Many wildlife species have suffered population declines due to loss of habitat and poor breeding success. This is due in part to their sensitivity to disturbance.

This option also can benefit the lake in other ways. Limited boat traffic may lead to less wave action to batter shorelines and cause erosion, which results in suspension of nutrients and sediment in the water column. Less nutrients and sediment in the water column may improve water quality by increasing water clarity and limiting nutrient availability for excessive plant or algae growth.

Recreation activities such as canoeing and paddleboating may be enhanced by the limited disturbance.

## Cons

One of the strongest oppositions to this option would probably be from the powerboat users and water skiers. However, this problem may be solved if a significant portion of the daylight hours and the use of the middle part of the lake (assuming the lake is deep enough) are allowed for powerboating. For example, powerboating could be allowed between 9 AM and 6 PM within the boundaries established by "no wake" restricted area buoys.

# Costs

The costs of this option include the purchase and placement of signs and public educational materials as well as enforcement. Off-duty law enforcement officers usually charge \$25/hour to enforce boating laws or local ordinances.